



The Messenger

September 2018

Monthly Newsletter of McCabe United Methodist Church

www.mccabeumc.com

Volume 36 Issue 8

Making Disciples of Jesus Christ for the Transformation of the World

Mark Your Calendar

Brown Bag Lunch w/Pastor
September 7 - 12:00 p.m.

Children's Ministry Team
September 25 - 5:30 p.m.

Congregation Homecoming Potluck
Honoring our new members from
June and August 2018
September 16 - 12:00 p.m.

Awana Open House
September 5 - 5:30-6:30 p.m.

Board of Directors Meeting
September 11 - 5:30 p.m.

Sunday Kick-off Weekend
September 8/9 - All services

Awana begins
September 12 - 6:00-7:00 p.m.

1 Thessalonians Study:

Precepts is an inductive Bible study where one learns through observation, interpretation, and application. Starting Thursday, September 6, 10:00 a.m., Donna Kennedy will teach the study on 1 Thessalonians. The themes of this book are: to confirm young disciples in the foundational truths, to exhort them to live holy lives, to discuss the Lord's Second Coming. For any questions please talk to Marilyn Strutz 255-0596. All are welcome.

411 @ McCabe

Grace and peace to you from God our Father and the Lord Jesus Christ:

An Amazing Summer: It's been an amazing summer in many ways. The Spirit is stirring and breaking through in powerful ways! Summer is often considered a time when attendance and giving drop off. This summer, we have not seen this trend. Thank you for your faithfulness and powerful witness through prayers, presence, gifts, service, and witness!

Welcome: In the past month we've had the privilege of welcoming new people to the paid team at McCabe. Karlee Chase has taken over the front office duties and will be the first point of contact in person and on the phone for many. Karlee is bringing a love of God, a love of people, detailed oriented experiences, and a creative side to this position.

Mary Boardman has taken over leading 'Ignite', the contemporary worship band. Mary, too, brings a love of God and special musical gifts and experiences to this leadership role.

Al Jirges has faithfully joined the team too. Al brings a love of God, a love of service, and an engineering background to help coordinate the audio/visual team that does so much to help produce a positive worship experience for everyone.

We are deeply thankful for that these individuals are responding to God's nudging toward service and ministry through McCabe.

New Members: In last month, McCabe has received 17 new members. Thank you to everyone who has been part of helping us work through this new member reception process. In this newsletter you will find more information about upcoming membership opportunities and new member receptions.

Contemporary Worship: McCabe's contemporary service continues to expand and grow. Mary Boardman is actively taking on the planning and worship lead for this service. The plan is to continue to worship in the sanctuary right now. This, in turn, also makes The Great Hall available sooner on Sundays for gatherings like a potluck starting at noon on Sunday.

Youth Cohort: A group of McCabe leaders continues to invest in youth ministry at McCabe. The team has been visiting and talking with Stephanie Caro from Youth Ministry Architects. The projection right now is to offer youth group (Gr. 9-12) and confirmation (Gr. 7-9) on Wednesday evenings. (Wednesday evening 6th grade ministries will include Awana's Trek curriculum). The discussion right now is to build in Wednesday evening, monthly segways, where confirmation classes will participate with Youth Group Sunday Evenings: Roughly twice a month the goal is to have a 'hands and feet mission experience' and/or fun social outing for all people youth age (middle and high school).

We continue, too, to visit about how we help our youth connect with God's call on their lives. We are projecting to continue to include them in worship leadership, service, etc as part of this process.

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Confirmation: Confirmation will get up and running when Pastor Jenny returns in mid Sept. Second year confirmation students this year will primarily be 9th graders. First year confirmation students will primarily be 7th and 8th graders. This is beginning of the transition process for confirmation. Confirmation has involved 8th and 9th graders. Over the next three years, confirmation will be transitioned to 7th and 8th graders.

Awana: A great team is coming together to help lead Awana. Awana is expanding this year to include 6th graders (Trek) and Cubbie (3 & 4 year olds).

Wednesday Evenings: A 'soft launch' of the Wednesday evening schedule will take place on Sept 5th. September 12th will be the first full Wednesday evening schedule we try. Part of the Wednesday evening ministries includes the meal time. We are inviting small groups from across McCabe to host/sponsor a Wednesday evening meal. We will have an Onsite Kitchen Host, a Spiritual Meal Assistant, an Advanced Planning Host, and a Wednesday Evening Worship Coordinator. There are a variety of ways to serve and participate through this ministry. Meal time will conclude with a 15 minute mini worship that 'launches' children, youth, and adults to their small groups.

J.A.M.: J.A.M. is gearing up and getting ready to role. Sunday morning children and youth ministry will include options for children ages 3 through 8th grade.

Fear of the Other: We're excited that Pastor Emeritus Art Scanson will be leading a small group on Wednesday evenings and Sunday mornings this fall. More information can be found in this newsletter.

Royal's House: Royal Hopkins left McCabe a generous gift of his house and his grand piano. Royal's house has sold and the proceeds have come to McCabe. Your Board is faithfully working to develop a long term plan to be ensure positive, faithful stewardship of larger, generous

gifts like these.

The Grand Piano is tuned and in the sanctuary. It has been used in worship and will have a little more work done to it to fully care for it.

Open Door: At the time of this writing, Open Door Preschool is in the process of moving their operations to McCabe. Final licensing is scheduled to take place in the next week, and children and families are scheduled to begin as the school year begins.

The Open Door property is owned by McCabe. Your Board is faithfully discussing how to best proceed forward with this property as Open Door moves out of it. One option is for McCabe to sell the property. Before any sale like this would take place, a special church conference would take place.

Celebrate Recovery: Chris Chase has been visiting with Sister Kathleen from Ministry on the Margins over the summer. Celebrate Recovery is scheduled to begin leading worship on Sunday afternoons at Ministry on the Margins on August 26th.

The second week in September, I will be going with a few CR leaders to Florida to visit and learn from Grace Church, and their multiple campuses, where Rev. Jorge Acevedo is lead pastor. Rev Acevedo was the keynote speaker at Annual Conference a couple years ago. Ministry through Grace Church has been transformational for the people, the congregations, and the community.

Pastor Jenny: Pastor Jenny is preparing to return after maternity leave. She will be back a few days early to lead worship on the weekend I will be in Florida (Sept 8 & 9), and is anticipating being away the next weekend (Sept 15 & 16).

Pastor Jenny's parsonage had water in the basement again this summer. Additional landscaping and groundwork has been completed and they are getting close to wrapping up the interior fixes that were necessary.

Charge Conference: Our Charge Conference is scheduled for November 4th @ 4:00 pm at Calvary UMC in Bismarck.

Bishop at McCabe: Our Bishop, Bishop Ough, will be at McCabe on Monday, October 15th to facilitate discussion about the 'Commission on a Way Forward' recommendations. The Commission is done meeting. The Bishop will be able to talk about the recommendations the bishops are making to the special General Conference of the United Methodist Church that will be held in February.

Gearing Up: Small group ministries and music ministries that have been on hiatus for part of the summer are preparing for their fall seasons.

Giving App: We continue to gradually role out additional options for electronic giving. Our McCabe phone app is working. We're getting closer to having a link for giving on our McCabe website.

Website: Time is being invested in beginning to develop and update McCabe's website.

Budget: We continue to be on track with the 2018 budget due in large part to your faithfulness and investment in McCabe's ministry. We have caught up on a couple payments we didn't make in 2017 and we are ahead of where we were compared to last year in apportionment payments, although we are still a little behind.

McCabe's mortgage was scheduled to come due in March, at which time the mortgage interest rate would be re-locked. Because interest rates are increasing, your Board, instead of waiting until March, took action now and renegotiated the Building Fund Mortgage to get locked in at what is very likely a lower interest rate than if they would have waited until March.

Preparations are being made to begin work on McCabe's 2019 budget.

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One of our goals is to create a budget document that includes all of McCabe's income and expenses in one document. While we're getting closer, we're not quite there yet.

Livestreaming: We have great people working on getting our livestreaming going for those who might be traveling or going south for part of the year but want to stay connected to McCabe through worship.

Part of this whole process includes the a discussion about the appropriate time to update the sanctuary sound board. We currently have what was a great sound board, but it is gradually losing channels and the technology has changed pretty dramatically over the years.

Raising People Up: Did you know that in the past couple weeks someone from McCabe has gone off to seminary and another person has returned to college to

be a worship leader on campus?

Please know that has been, and it is, a joy and privilege to serve Jesus with you. Thank you for your faithful service and witness in so many ways! **You are making a difference in people's live and in the world!**

In service with you,
Mark Ehrmantraut

Pastor Jenny's Ponderings: ***Some thoughts on maternity leave & new motherhood...***

I began writing this newsletter article at about 3:00pm on August 9, which happened to be my 40th birthday. As I started writing, I was sitting on our living room couch, my feet propped-up on the ottoman, laptop on my lap, and with sweet, 7.5-week-old Miles Oliver napping on my chest, held in place by a wrap I received as a gift from a McCabe couple. (Somewhere between weeks 5 and 6, Miles started being awake more...and less interested in napping away from my arms – thus the napping-in-a-wrap baby!)

Many of you are aware that Miles was born just shy of 2:00am on Father's Day, June 17th. He was born a week ahead of his due date; I tend toward procrastination, so his early arrival meant there were a few loose, pastoral ends I hadn't yet tied-up before going into labor and on maternity leave. It goes without saying – though I'm saying it anyway – that I'm grateful to those who handled my loose ends! (**Maternity leave Lessons #1 and 2:** When children are involved, plan ahead and get work done when you can because you never know when something might happen with the baby and your plans take a turn! Granted, children are not required in order to learn the “plans can change quickly” lesson...)



As of my writing this newsletter article (I continued – and finished – writing it on August 15), **Miles has been to worship at McCabe twice;** the first time, the two of us went on a Saturday evening and, the second time, Derrick was able to join us on a Sunday morning. When Miles and I went for his first worship experience, it happened to be a service with Holy Communion. He had awakened from a nap just before the service began: I fed him after the first hymn, we left briefly for a diaper change immediately following Pastor Mark's sermon...and then we went forward to receive the bread and cup of Communion. **It was quite possibly the most powerful experience I've had at the altar rail.** Holding onto my sweet, much longed-for baby, I knelt down to feast on the Lord's Supper, and tears of profound gratitude began to fall.

So much in my life has changed since I moved to Bismarck 4 years ago: I met and married the love of my life, I became Stepmom to a great young man, and, now, I have a beautiful baby. To say my life dreams have come true in Bismarck is a bit of an understatement. Is life all roses and butterflies all the time? Of course not! Marriage is an ever-evolving mystery of an adventure and motherhood certainly has its moments of desperation...but I'm grateful to God for all of it. And I'm grateful to God for all of *you*. As many McCabe folks have shared with me, Baby Miles has been thoroughly prayed for and that is *such* a gift. I have felt your prayers – especially in those more desperate moments! **Thank you for being who you are, McCabe United Methodist Church. Derrick and I are thrilled that you are Miles' first church home.**

Peace in Christ,

Pastor Jenny Hallenbeck Orr

***P.S. - In case you've been wondering when Miles will be baptized (because I've heard through the grapevine that some of you have been!), keep an eye out for more information about it. My sister and brother-in-law are Miles' godparents and, because they are both pastors in Sioux Falls, we are looking to schedule the baptism for a Saturday morning in the fall; this will enable Christy and Jon to be part of the baptism *and* be at their own churches Sunday morning. But, while the baptism will likely not happen during a regular weekend worship service, you will all be invited to join us!**



Wholly Healthy

Greetings McCabe friends,
I don't know about you, but have we celebrated the Fourth of July yet?! Wow, summer has flown by! This month I thought I would bring back the "Did you Know" type article as we approach the return of Fall activities.

Did You Know that we have an exercise program held right here at McCabe in the Great Hall every Monday and Thursday morning from 10-11 called Faithfully Fit? We maintain our motto, "Come as you are, Do as you can". Everyone is welcome to this very non-intimidating class that offers low impact aerobics, strength and balance training and laughter. I prefer to call this "moving around" because the word exercise just simply sounds like a lot of work! If this class is something you would like to try, please join us on Monday, September 10th at 10:00 in the Great Hall. It is always recommended to get your doctor's approval before beginning any type of exercise class. I look forward to seeing you on September 10th!

Did You Know that there will be a FREE

presentation offering information about the most current scams (there are plenty of them!) on Tuesday, September 18th at 12 noon and again at 6:30 pm at the First Presbyterian Church (214 E. Thayer Ave.) in their Ramstad Hall? These sessions will be presented by Tonya Hetzler, a fraud investigator from the Consumer Protection Division of the ND Attorney General's Office. She titles her presentation, "Get Smart on Scams, Do Not Be a Victim". For more information call 223-6091.

Did You Know that nearly 500 dentists, dental hygienists and assistants, translators and volunteers will be offering FREE dental care clinics on September 28-29 through a program called, **Mission of Mercy**? This service is offered to anyone in need. Adults and children of all ages are seen but children under the age of 18 must be accompanied by a parent or guardian. Services provided are cleanings, fillings, dental extractions, limited treatment for partial dental appliances and some root canals in front teeth. This event will be held at the Bismarck Event Center (315 S. 5th St.) with doors opening at 5:30 am each day and one will be served on a first come, first served basis. For more infor-

mation contact Tracy Stoppelmoor at 701-223-8870 or info@smilenorthdakota.org/for-the-public/mission-of-mercy.

Did You Know that because of the generosity of our McCabe family, we have adaptive equipment to borrow when in need? Examples of the equipment available are; walkers (seated and regular), canes, crutches, shower chairs, tub rails and many other items. If you find yourself in need of any of these items, please check with me first before purchasing by calling the church office at 255-1160. Our supply of regular walkers has run low so if anyone has any to share or return please contact me.

Enjoy the remaining summer days and please, when driving, be extra observant for our little ones who are dashing about in excitement on their way to school

God bless,
Nurse Jane

P.S. All of us could learn a lesson from the weather. It pays no attention to criticism. ☐

What's Up With Wednesdays?

Lots! Something for everyone, in fact.

AWANA is expanding to include children 3 years through 6th grade

Confirmation will include grades 7-9

Youth group is gearing up for a new year with new leaders to round out activities for students through grade 12

And an adult study begins for all who are interested

Dinner* from 5-6: everyone is welcome

Worship from 5:55-6:10: everyone is welcome

Small groups (AWANA, Confirmation, Youth Group, Adult study) from 6:10-7:15,

Then a closing from 7:15-7:30: everyone is welcome

Let's make this a year of community, connection and spirit-filled study for everyone.



*Dinner. Providing a meal on Wednesdays is both practical for busy families and faith-based for the body of Christ. Fellowship, and serving one another deepens our sense of community.

There are 32 weeks of Wednesday gatherings this year. We've counted more than 32 groups in the church. Will your group consider providing the meal one Wednesday this year? There are hosts to guide your through the process.

Contact Barb Salzer to say "YES!" and pick your date. (701) 400-4239.

Celebrate Recovery

Celebrate Recovery has continued to meet on Saturday evenings with supper beginning at 5:15 p.m., worship at 6:00 p.m., followed by small groups and fellowship time. To those of you who are praying for Celebrate Recovery, we appreciate your prayers.

Celebrate Recovery McCabe has started another group at Ministry on the Margins

on Sundays at noon. We are excited about this new Celebrate Recovery Group and feel that it will be a good addition to the existing programming at Ministry on the Margins.

In August we had an outdoor service, which many attended. It was fun and there were a lot of new faces. We, also, baptized four people. We thank God for the opportunity to watch people grow in

our ministry. The team will be traveling to Florida this month to learn from and observe Grace Church, a large scale church with a wonderful Celebrate Recovery program.



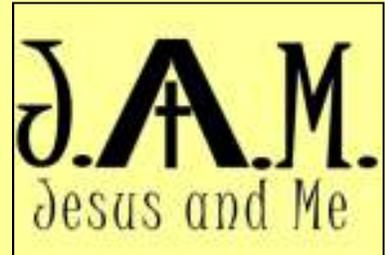
Children & Family Ministries

Children's Sunday Morning Discipleship Program

What's Happening?

Welcome back! For the next nine months, kids will be digging into the Life of Jesus. We're starting September discussing the birth of Jesus, followed by lessons on John baptizing Jesus, the temptation of Jesus, and Jesus calling his disciples.

September 30th is Teddy Bear Sunday! Kids are encouraged to bring a stuffed animal or doll to J.A.M. that day.



In early October, the children's ministry "rolling library" will be making rounds to classes allowing children to check out one book or DVD. Kids and families are always welcome to visit the library in room E11 to check out books, movies, and other resources.



Wednesdays 6:00-7:30pm
3 years—6th grade



BIBLE PRESENTATION

Bibles will be presented to students in **1st and 3rd grades** during worship services on **October 14-15**. Information will be mailed to parents soon. If you do not receive your letter, or if you have questions, please contact Tina at 255-1160 or tmitchell@mccabeumc.com.

**VOLUNTEER OPPORTUNITIES AVAILABLE NOW IN
CHILDREN'S MINISTRY!**

**CONTACT TINA AT
TMITCHELL@MCCABEUMC.COM
FOR MORE INFO.**



CHANGE LIVES
BECOME A VOLUNTEER

Join the adventure »

Small Group Opportunity

"God wants me to try harder." "God blesses me when I'm good and punishes me when I'm bad." "God is angry with me." We all have ideas that we tell ourselves about God and how he works in our lives. Some are true--but many are false. James Bryan Smith, an ordained United Methodist Pastor, believes those thoughts determine not only who we are, but how we live. In fact, Smith declares, the most important thing about a person is what they think about God. The path to spiritual transformation begins here. **A small group will begin on Sunday, October 7, 6:30 p.m. at the home of Jan Joersz, 719 Brome Loop, north Bismarck** to discuss the first book of his The Good and Beautiful series, The Good and Beautiful God. This deep, loving and transformative book will help you discover the narratives that Jesus lived by--to know the Lord he knew and the kingdom he proclaimed--and to practice spiritual exercises that will help you grow in the knowledge of our good and beautiful God.

If you are interested in joining this group, get your book today and please let Jan know at jarjoersz@yahoo.com or 701-224-9173.

Welcome back to McCabe Youth 2018!

We are so excited for kick off this fall, and we want you! We have youth group and confirmation programming starting up soon with our first Wednesday meal on September 5 followed by games and fun for grades 7-12 that evening after worship (meal 5:00, worship 5:55-6:10, games and fellowship 6:10-7:10, wrap up 7:10-7:30).

We will be meeting every Wednesday starting September 12 for meal at 5:00, worship together at 5:55, confirmation (grades 7-8) and youth group (grades 9-12) from 6:10-7:10, then gather together again from 7:10-7:30 to wrap up our evening together. We also have an additional event planned for September including a Youth Yard Party on September 16 3:00-6:00. Location TBD.

We can't wait to begin serving God through our youth programs and connecting our generations in McCabe. It's a beautiful time to be here and able to serve our Lord and each other.

Please feel free to contact Kris Cleary at 595-1197 with questions, ideas, *desires to volunteer*, and/or prayers for our youth programs!

We are planning a youth and all church service project for Early October at our church. We hope to offer a free clothing rummage sale to the members of our neighborhood and local community. In order to do this we need good condition coats, boots, shoes, pants, sweatshirts, etc. to help kids, youth, and adults in need. This is planned as an all-church opportunity on October 7 Sunday with set up at 12:00 with light lunch provided (or potluck) and set up, and opening by 2:00 that afternoon. We hope to involve local schools and grocery merchants in gathering these items and we are in need of volunteers and ambassadors to lift this ministry to God for his help. Please contact Kris Cleary (595-1197) or Pastor Mark for any questions; thank you for your willingness to help!

Family Link Scripture for September

Saturday, September 1 <i>Matthew 15:29-39</i>	Saturday, September 8 <i>Luke 5:33-38</i>	Saturday, September 15 <i>1 Peter 1:3-9</i>	Saturday, September 22 <i>Galatians 6:7-10</i>	Saturday, September 29 <i>Ecclesiastes 3:1-11</i>
Sunday, September 2 <i>Isaiah 49:8-10</i>	Sunday, September 9 <i>Nehemiah 12:31-43</i>	Sunday, September 16 <i>Jeremiah 29:12-14</i>	Sunday, September 23 <i>1 Kings 19:11-13</i>	Sunday, September 30 <i>Deuteronomy 10:12-22</i>
Monday, September 3 <i>1 Thessalonians 5:16-18</i>	Monday, September 10 <i>Job 42:1-5</i>	Monday, September 17 <i>Psalms 32:6-11</i>	Monday, September 24 <i>Proverbs 3:27-29</i>	
Tuesday, September 4 <i>1 John 4:7-12</i>	Tuesday, September 11 <i>Matthew 10:40-42</i>	Tuesday, September 18 <i>James 3:3-13</i>	Tuesday, September 25 <i>Titus 2:11-14</i>	
Wed., September 5 <i>Acts 28:1-10</i>	Wed., September 12 <i>Psalms 5:1-7</i>	Wed., September 19 <i>Luke 12:6-7</i>	Wed., September 26 <i>Psalms 100:3-5</i>	
Thursday, September 6 <i>2 Samuel 7:23-29</i>	Thursday, September 13 <i>Exodus 16:1-8</i>	Thursday, September 20 <i>Numbers 6:22-27</i>	Thursday, September 27 <i>Acts 2:42-47</i>	
Friday, September 7 <i>Daniel 2:19-23</i>	Friday, September 14 <i>Matthew 6:5-13</i>	Friday, September 21 <i>Matthew 25:14-30</i>	Friday, September 28 <i>Philippians 4:18-20</i>	





The first person who complains about the cold of winter in January, I will remind them of 105°F when we were the hottest place in the U.S.A. WOW! I so want to thank Marlette Pittman and Judy Fried, for hosting our UMW all circles summer picnic on August 9. Executive meeting and picnic were held in the visitor center at Buckstop Junction and was wonderful. Thanks again ladies! Getting together after the summer was great. Our shepherdess Marilyn Johnson, was also in attendance and brought us up to speed on upcoming events. Her smile and visit were so appreciated.

Upcoming Events:

- Sept. 13 - 10:00 a.m.
Executive Mtg. at McCabe
- Sept. 13 - 6:30 p.m.
Unit Meeting
Hosted by Eve's Circle &
Election of Unit Officers.
Please plan on attending
- Sept. 14-15
Annual Northwest District
Meeting at Minot Faith UMC
- Sept. 20 - Circle Meetings
9:30 a.m. Esther
1:30 p.m. Mary Ruth
6:30 p.m. Eve
- Oct. 12-13 - Dakota conference
celebration at Legacy UMC
- Oct. 20 - Annual Bazaar at McCabe
All help is so very appreciated

And I leave you with this quote, "If we educate women, we eradicate poverty, terrorism, environmental disasters." -by Movie Star, Sophie Bush on her involvement in the Girl Project. Ladies this is why we support missions.

God Bless you.

Gerry Ann Small, UMW Leader

In Our Thoughts & Prayers...

Cheryl Moch & family on the death of her husband, Andy Moch, Bismarck, ND, August 20, 2018.

**Financial Snapshot
Year to Date through Aug. 27, 2018**

<u>Current Fund:</u>	
Congregational Giving Received	\$440,184
Foundation Support	\$6,483
Dakotas Conference expense reimbursement	\$13,947
Expenses to Date	<u>(\$444,396)</u>
Current Fund Receipts Over (Under) Expenses	<u>\$16,218</u>
<u>Building Fund:</u>	
Congregational Giving Received	\$81,598
Mortgage Payments	<u>(\$84,748)</u>
Giving Over (Under) Mortgage Payments	<u>\$(3,150)</u>

Ministry Notes:

McCabe Current Fund expenses to date include \$71,000 allocated for the Dakotas Conference for apportionments giving. To date, \$51,000 has been paid.

To date, McCabe Current Fund expenses have funded \$18,000 toward the Dakota Conference Thrive fund, fulfilling the carryover unpaid pledge for 2017, and ½ of the pledge for 2018. The McCabe Foundation provided \$6,483 to McCabe to use for this purpose.

McCabe was named as the beneficiary of a personal residence by Royal Hopkins in his Will. This real estate was deeded to McCabe from Royal's Estate, was listed for sale, and was sold in August 2018. The proceeds were restricted to a designated fund and are not included in the Current Fund and Building Fund activity reports presented above.

McCabe's application to Dakotas United Methodist Foundation for a Breakthrough Ministry grant was funded in August for \$1,500. The terms of the grant dedicate these monies to Celebrate Recovery leader training and the proceeds of this grant are accounted for in the funds designated to Celebrate Recovery.

For your convenience, Celebrate Recovery has been added to the GivePlus Church mobile giving app as a fund you can choose to make donations to electronically. Additional funds will be added for the seasons and missions as the Church calendar year evolves, allowing you to support the ministries of McCabe electronically.

Fear of the Other - Small Group

This book is filled with tough and challenging words for us as individuals, Christians and our churches. Pastor Art invites any and all to join him in the decision to wrestle with the issues in this book. The study will be held on Sundays and Wednesdays starting Sunday, September 9 at 10:30 a.m. and Wednesday September 12 at 6:10 p.m. The book that will be used is *FEAR OF THE OTHER No Fear in Love* written by William H. Willimon. There will be copies of the book for you to use with a suggested donation of \$10 to help cover the cost.



September ONE Things: UMCOR Cleaning Kits August 1 - September 16, 2018

In response to Katie Peterson's recent asking, McCabe has selected the *Cleaning Kit* as our 2018 UMCOR (United Methodist Committee on Relief) focus from August 1 through September 16. Many of you know Katie, a UMC Deaconess and Community Worker, through her work in the Bishop's Bakken Oil Ministry. Katie was a founder of the ongoing "Out In Faith" ministry out of Williston Faith UMC. She has now moved to Pennsylvania where she serves in close connection with one of our twelve United Methodist UMCOR warehouses nationwide. Her asking is for the replenishment of *Cleaning Kits* which are dwindling in number at the warehouses. The Cleaning Kits are shipped from the UMCOR Warehouses to areas of flooding and hurricane disaster in the U.S. only.

Please take time to visit the *Cleaning Kit* display in the Great Hall where you can see actual kit items and pick up a detailed list of kit contents. You are cordially invited to donate an item/items for a kit, donate the items needed for an entire cleaning kit (\$75) or make a monetary donation in any amount (please make checks payable to "McCabe UMC" with note "Cleaning Kits"). Your donated items will be packed in the kit buckets following specific directions. The buckets will be loaded on the UMCOR van when it is parked in McCabe's west parking lot from September 17-21. Indeed, our West Entrance will be a compassionate expression of Christian love when Churches in our area drop off their kits at McCabe for loading on the van!

With appreciation for **YOUR** compassionate giving - let's help UMCOR enable people to begin the overwhelming job of cleaning up after a flood or hurricane. Can you imagine being flooded out of **YOUR** home?!

CLEANING KIT **for United Methodist Committee on Relief (UMCOR)** **for flood & hurricane cleanup in the U.S. only**

Please donate items of your choice. Drop off items at the display in McCabe's Great Hall. *PLEASE no powders, no spray cans.*

- **One 5-gallon round bucket with lid**, approx. \$7.50
No screw lids, advertisement printed on outside is acceptable
- **One 32-64 oz. bottle liquid laundry detergent**
- **One 16-40 oz. bottle liquid concentrate household cleaner**
No spray cleaners.
- **One 16-34 oz. bottle liquid dish soap**
- **One 4-8 oz. pump spray air freshener, OR 3 solid, OR 3 gel fresheners**
- **One 6-14 oz. pump spray insect repellent (pack of 10-20 wipes also acceptable).** *Pump spray bottles must have protective covers. Wipes at Lowe's, \$4.97.*
- **One scrub brush** *(with or without handle).*
- **18 re-usable cleaning wipes.** *No terrycloth, microfiber or paper towels. Dollar Tree: Brillo brand if possible.*
- **7 scouring pads (combination scour pad & sponge)**
Dollar Tree, Dan's: purchase Brillo Estracell Heavy Duty. No stainless steel or pads with soap in them, no cellulose
- ~~36-50 clothespins~~ *Lots have already been donated! Hurrah!*
- **One 50-100 ft. clothesline** *(cotton or plastic)*
- **28 heavy-duty trash bags (39 gallon size)**
1 box Hefty "Steel Sak" (39 gal). Ace Hardware, \$16.00
- **Five N95 particulate respirator dust masks** *(no surgical masks)*
Walmart, Ace Hardware, \$7.99 each
- **Two pairs kitchen gloves** *(multiple uses)*



Collect school supplies

September 16—the end of the month

After the cleaning kits have been picked up the remainder of September will be focused on collecting school supplies for local students. Help us fill our collection bins.

Items could include:

- | | |
|--------------|----------------------|
| -backpacks | -tissues |
| -pencils | -markers |
| -pens | -crayons |
| -calculators | -markers |
| -paper | -highlighters |
| -notebooks | and so much more.... |





Prayer Corner - An invitation for you...

Interested in learning more about prayer? or enriching your personal prayer life? The McCabe Prayer Team has gathered together a collection of books on various prayer topics and is displaying them in the "prayer alcove" just behind the Welcome Center under the clerestory. You're invited to browse through the books, select one to take home for a week or two, and use it as learning or as inspiration during your prayer time. No need to sign out the book. After a week or two with your selected book, just bring it back to the prayer alcove and place it in the "book return" basket provided. Choose another book, if you wish!

Read, learn, pray, and be blessed!

McCabe
United Methodist Church
1030 N. 6th St.
Bismarck, ND 58501
(701) 255-1160

Pastors:
Mark Ehrmantraut
Jenny Hallenbeck Orr

Office Hours:
Monday - Friday
9:00 a.m. - 3:00 p.m.

Worship
Saturdays
5:00 p.m.

Sundays
8:00, 9:30, & 11:00 a.m.

Children's Programs

J.A.M. (Jesus and Me)
Sundays 9:30 a.m.
(September 9 - May)

Awana
Wednesdays 6:00 - 7:30 p.m.
(September 12 -May)

Fax
(701) 223-1324

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mccabeum@mccabeumc.com

Website
www.mccabeumc.com

Facebook
<http://www.facebook.com/pages/McCabe-Church/330953958825>

NOTICE:

Any items for the **October 2018** newsletter need to be turned in to the church office no later than **Friday, September 14.**

Postmaster: Change Service Requested

McCabe United Methodist Church
1030 North Sixth Street
Bismarck, ND 58501



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September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center;">Save the date: September 16 - 12:00 p.m. in the Great Hall Congregation Homecoming Potluck Honoring our new members June and August 2018</p>						
<p>2 Communion 8:00 am Worship 9:30 am Worship 11:00 am Worship 7:00 pm Narcotics Anon.</p>	<p>3 Labor Day Office Closed 7:30 pm Al-Anon</p>	<p>4 7:00 am Sojourners 9:00 am Tuesday Workshop 12:00 pm Brown Bag Lunch with Pastor Mark 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 6:30p.m. CR Band Practice</p>	<p>5 5:00 p.m. Soft Launch of Wednesday night activities 5:30-6:30 p.m. AWANA open house & Registration 7:30 p.m. Choir rehearsal</p>	<p>6 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group</p>	<p>7 7:00 am Men's Breakfast at N. Perkins</p>	<p>1 1:00 Ignite Band Practice 5:00 pm Worship 6:00 pm Celebrate Recovery Large Group</p>
<p>9 Kickoff Sunday 8:00 am Worship 9:30 am Worship 9:30 J.A.M. Children's Ministry 10:30 Fear of the Other 11:00 am Worship 7:00 pm Narcotics Anon.</p>	<p>10 10-11a.m. Faithfully Fit 11:00am-1:00pm Parish Nurse In Office 3:45 Youth Handbells 5:45 Adult Handbells 7:30 pm Al-Anon</p>	<p>11 7:00 am Sojourners 9:00 am Tuesday Workshop 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 5:30 pm Board of Directors 6:30p.m. CR Band Practice</p>	<p>12 <u>Kick off Wednesday</u> 5:00 Supper 5:55 High Five Worship 6:10 Small groups -AWANA -Youth Group -Fear of the Other 7:15 Closing prayer 7:30 Choir rehearsal</p>	<p>13 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group 10a.m. Executive Mtg UMW 10-11a.m. Faithfully Fit 6:30 UMW Mtg. election of officers</p>	<p>14</p>	<p>8 1:00 Ignite Band Practice 5:00 pm Worship 6:00 pm Celebrate Recovery Large Group</p>
<p>16 8:00 am Worship 9:30 am Worship 9:30 J.A.M. Children's Ministry 10:30 Fear of the Other 11:00 am Worship 12:00p.m. Potluck 3:00-6:00p.m. Youth Yard party 7:00 pm Narcotics Anon.</p>	<p>17 10-11a.m. Faithfully Fit 11:00am-1:00pm Parish Nurse In Office 3:45 Youth Handbells 5:45 Adult Handbells 7:30 pm Al-Anon</p>	<p>18 7:00 am Sojourners 9:00 am Tuesday Workshop 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 6:30p.m. CR Band Practice</p>	<p>19 <u>Wednesday Night Activities</u> 5:00 Supper 5:55 High Five Worship 6:10 Small groups -AWANA -Youth Group -Fear of the Other 7:15 Closing prayer 7:30 Choir rehearsal</p>	<p>20 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group 9:30a.m. UMW Esther circle 10-11a.m. Faithfully Fit 1:30p.m. UMW Mary-Ruth 6:30p.m. UMW Eve circle</p>	<p>21 7:00 am Men's Breakfast at N. Perkins</p>	<p>22 1:00 Ignite Band Practice 5:00 pm Worship 6:00 pm Celebrate Recovery Large Group</p>
<p>23/30 8:00 am Worship 9:30 am Worship 9:30 J.A.M. Children's Ministry 10:30 Fear of the Other 11:00 am Worship 7:00 pm Narcotics Anon.</p>	<p>24 10-11a.m. Faithfully Fit 11:00am-1:00pm Parish Nurse In Office 3:45 Youth Handbells 5:45 Adult Handbells 7:30 pm Al-Anon</p>	<p>25 7:00 am Sojourners 9:00 am Tuesday Workshop 10a.m.-12p.m. AARC 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 5:30 pm Children's Ministry Team 6:30p.m. CR Band Practice</p>	<p>26 <u>Wednesday Night Activities</u> 5:00 Supper 5:55 High Five Worship 6:10 Small groups -AWANA -Youth Group -Fear of the Other 7:15 Closing prayer 7:30 Choir rehearsal</p>	<p>27 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group 10-11a.m. Faithfully Fit</p>	<p>28</p>	<p>29 1:00 Ignite Band Practice 5:00 pm Worship 6:00 pm Celebrate Recovery Large Group</p>



July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 8:00 am Worship 9:30 am Worship 11:00 am Worship 7:00 pm Narcotics Anon.	2 11am-1pm Parish Nurse In Office 7:30 pm Al-Anon	3 7:00 am Sojourners 9:00 am Tuesday Work-shop 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 6:00 pm Celebrate Recovery	4 OFFICE CLOSED 6:00 pm Celebrate Recovery 	5 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group	6 7:00 am Men's Breakfast at N. Perkins 5:00 pm Wedding Rehearsal	7 Communion 3:00 pm Wedding 5:00 pm Worship 6:00 pm Celebrate Recovery Worship	
8 Communion 8:00 am Worship 9:30 am Worship 11:00 am Worship 7:00 pm Narcotics Anon.	9 11am-1pm Parish Nurse In Office 7:30 pm Al-Anon	10 7:00 am Sojourners 9:00 am Tuesday Work-shop 12:00 pm Brown Bag Lunch with Pastors 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 5:30 pm Board of Directors 6:00 pm Celebrate Recovery	11	12 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group	13 5:30 pm Wedding Rehearsal	14 3:00 pm Wedding 5:00 pm Worship 6:00 pm Celebrate Recovery Worship	
15 8:00 am Worship 9:30 am Worship 11:00 am Worship 7:00 pm Narcotics Anon.	16 11am-1pm Parish Nurse In Office 7:30 pm Al-Anon	17 7:00 am Sojourners 9:00 am Tuesday Work-shop 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 6:00 pm Celebrate Recovery	18	19 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group 5:00 pm Wedding Rehearsal 7:00 pm UM Foundation Board Meeting	20 7:00 am Men's Breakfast at N. Perkins 4:00 pm Wedding	21 5:00 pm Worship 6:00 pm Celebrate Recovery Worship	
22 8:00 am Worship 9:30 am Worship 11:00 am Worship 7:00 pm Narcotics Anon.	23 11am-1pm Parish Nurse In Office 7:30 pm Al-Anon	24 7:00 am Sojourners 9:00 am Tuesday Work-shop 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 6:00 pm Celebrate Recovery	25	26 7:30 am Men's Bible Study 9:00 am Tops Weight Loss Group	27	28 5:00 pm Worship 6:00 pm Celebrate Recovery Worship	
29 8:00 am Worship 9:30 am Worship 11:00 am Worship 6:00 pm Volunteer Recognition w/meal 7:00 pm Narcotics Anon.	30 11am-1pm Parish Nurse In Office 7:30 pm Al-Anon	31 7:00 am Sojourners 9:00 am Tuesday Work-shop 12:00 pm Al-Anon 1:30 pm The Seekers Bible Study 6:00 pm Celebrate Recovery	NOTE: The UM Foundation Board will meet on Thursday, July 19 at 7:00 p.m. - Room E-19				



Wholly Healthy

Greetings McCabe friends,