

## Upcoming Events

### Homecoming Weekend

September 6 & 7

### Teacher Blessing/ Recognition

Sunday, September 14

**1st & 3rd Grade  
Bible Presentation**  
Sunday, September 28

### Fall Worship Schedule (September 7 - May 24)

Saturdays: 5:00 p.m.

Sundays: 8:00, 10:00,  
11:15 a.m.

Children's Discipleship  
Programming "J.A.M."  
(Jesus And Me):

9:00 & 10:00 a.m.

### Check out:

[www.mccabeumc.com](http://www.mccabeumc.com)

for more information about  
McCabe and our  
Ministry Groups.

## Pastor Jenny's Ponderings: A "thank you" and an invitation to school...

As you are perhaps aware, I used last month's newsletter to not only introduce myself, but also to ask you for money to sponsor me in the "Docs, Crocs, & Frocks" athletic challenge to support The Welcome House, a local shelter and resource center for homeless individuals and families.

The Docs, Crocs, & Frocks event occurred on August 9 and it was great! I swam a mile at the BSC Aquatic Center and the swim went very well. However, the clergy ("Frocks") team did not win the fundraising this year, as they had the two previous years of the event. We clergy were disappointed about that, BUT, I was thrilled with *your* donations. The clergy team raised about \$2,800 and my personal fundraising total was just over \$1,200 (the vast majority of that total was from you all, of course). **THANK YOU!!!** Through your support, McCabe Church is helping to offer the hospitality of Jesus Christ to those struggling with housing insecurity.

Now...if you've been around McCabe since I arrived, you know I am preaching a sermon series on the stories of Genesis, the stories of Abraham, his family, and their relationship with God. The series is called "Foundational Stories" and it's going to continue through September and October. However, beginning in September, we'll be moving out of Genesis and into Exodus, where we'll meet Moses and where, eventually, we'll begin a journey through the wilderness with the Israelites after the escape from slavery in Egypt.

In Daniel Erlander's book *Manna and Mercy*, the over-arching story of the Bible is told in a somewhat comic book-like format. Early on, a chunk of this book is dedicated to the story of the Israelites in the wilderness...and Daniel Erlander refers to this time as the Israelite's "wilderness school". Their 40 years of wilderness walking was where they truly learned to be the people of God; it is also where God handed-down the religious law that Jewish people continue to follow to this day. When we begin our exploration of the stories of Exodus, we, too, will be entering into this "wilderness school".

With K-12 school and college starting for so many students and educators, learning is on the brain this time of year. As Christians, we are meant to be lifelong learners: constant students of Jesus Christ, regular readers of the Bible, pray-ers, teachers, listeners, mentors, grow-ers. This is the life of discipleship. So, even if you're not literally headed back to school right now, if you call yourself "Christian," your school is the church. And I certainly hope you'll be with us, ready to learn and grow, as we join the Israelites in *their* "wilderness" school this September and October.

Peace in Christ,

*Pastor Jenny Hallenbeck*



## Kids Hope U.S.A.

Mentors Needed

**What is Kids Hope?** An outreach program to mentor children attending Will-Moore School.

**Why it is important?** Many children do not have an adult who has time to spend with **just** them. Someone to talk or listen to them. The child may not have a positive role model in their lives. What a difference you can make by spending time with that one (1) child.

**What is involved?** Three hours of training at McCabe United Methodist Church and the commitment to visit that child at Will-Moore Elementary School one (1) hour each week during the school year. Share needs and concerns of the child with your prayer partner.

**How does the church support this program?** The church provides Prayer Partners for each mentor to keep in contact with the mentor to pray for both the mentor and the child.

**How do I become involved?** Please call McCabe United Methodist Church at 255.1160 and leave your name and phone number. Call DeEtta Phelps at 258.4358 and leave a message. DeEtta will call you back and make arrangements for training and placement with a child.

## S.A.Y. Yes

The S.A.Y. Yes will again be held here at McCabe. At the end of the year picnic, all of the parents registered their children to attend our afterschool program. So we begin with twelve children and continue to build. Last year we served twenty-one children at different times. Will-Moore Elementary School has a transient population. Many children begin there and are moved within a few weeks or months. Some just do not show up for many and varied reasons.

This program is so important to these children and their parents. The need to find good reliable child care is neither easy nor is it cheap. The families that come to S.A.Y. Yes are in need of many things that money can't buy.

They are also hungry. At the picnic last May, we saw families taking second and third helpings. Jesus said, "Feed my sheep." To most people that means read and learn the lessons of our Bible. When I see these families eating and enjoying the food we serve, I know that Jesus also meant that people should not be starving in this land of plenty. Many of these children take home sacks of food provided

through the school for weekend meals. If we have extra food from our meals we send it home with children who attend the program.

This is our fifth year of offering this program to the children and families of Will-Moore Elementary School and we have added an extra day. I am asking for your help to keep this program strong. Please search your hearts and see if you can make time for a small but important contribution to this program. We are in need of people to walk the students over from the school at 3:05 p.m., help with games from 4:30 to 5:30 p.m., read with or to children from 4:00 to 4:30, and supervise children in the computer lab.

We are always in need of money to buy the food used for the meal we provide. We will be very grateful for any support.

Above all, please pray that this program remains strong and some of the needs of these children are able to be met by members of our congregation.

Thank you in advance for your support.

DeEtta Phelps, Coordinator

## Confirmation Orientation

We will have a meeting for students (grades 8 & 9) and parents on Wednesday, September 3, at 6:00 p.m. Confirmation class will begin on Wednesday, September 10. Both 8th and 9th graders will meet together from 6:00-7:00 p.m., the 9th graders will stay until 7:30 p.m. Youth group will be happening during this time so, when the 8th graders are dismissed, they can join the youth group if they want to...and the 9th graders can join until 8:00 p.m. when they are dismissed.

Confirmation is a time of exploring the Bible, Christian faith, and what it means to be a follower of Jesus Christ...it's a time to explore what it means to be and live as a baptized child of God. If you have any questions, you can contact Pastor Jenny by email at [jhallen03@yahoo.com](mailto:jhallen03@yahoo.com) or call at 255.1160.

## You're Invited

Join Dick & DeEtta Phelps on Saturday, September 13 as they celebrate their 50th Wedding Anniversary from 2:00-4:00 p.m. in McCabe's Great Hall.





# Family Ministry Minute



Bible heroes Daniel, David, Elijah, Esther, Noah, Moses, and Jesus help share God's love! Our fall festival is much more than games, costumes, and candy. With Heroes Unmasked, kids will have tons of fun AND learn all about some of the Bible's mightiest champions. Coming to McCabe Sunday, October 26. Stay tuned for more info!

**Children's Bibles** are now available for use during worship services. They are located on the shelf under the clerestory, just outside the nursery. Please take and return as needed.



Where Moms Connect is a unique program that offers moms the chance to regularly

connect with other moms on the ups and downs of "momhood". They'll bond naturally through faith-based discussion, relevant topics, and fun. Because, no matter where a mom is on her journey and no matter how old her children are or what her parenting methods may be she needs the support and encouragement from other moms!

Where *Moms Connect: A Year of Adventure* will help moms realize that parenting is an adventure, full of wonderful and exciting moments but also full of uncertainty and risks. It's a joyful, yet at times fear-filled, journey. In this annual curriculum, moms will explore and navigate this exciting, challenging, and sometimes risky journey we call "momhood" together!

Where *Moms Connect* meets the 1st & 3rd Wednesdays of the month beginning September 17, from 6:00 - 7:00 p.m. Childcare is available. Contact Tina at 255.1160 or [tmitchell@mccabeumc.com](mailto:tmitchell@mccabeumc.com) for more information.

## Family Link Scriptures for September

Monday, September 1  
*Luke 6:33-38*

Thursday, September 11  
*Psalms 46:1-11*

Sunday, September 21  
*Galatians 6:2-10*

Tuesday, September 2  
*Joshua 4:1-9*

Friday, September 12  
*2 Timothy 3:14-17*

Monday, September 22  
*John 15:1-7*

Wednesday, September 3  
*Psalms 103:8-13*

Saturday, September 13  
*Luke 21:1-4*

Tuesday, September 23  
*Isaiah 53:3-9*

Thursday, September 4  
*Proverbs 3:1-12*

Sunday, September 14  
*John 1:1-5*

Wednesday, September 24  
*Palm 16:5-8*

Friday, September 5  
*Isaiah 55:6-11*

Monday, September 15  
*1 Corinthians 14:1-3*

Thursday, September 25  
*2 Corinthians 3:12-18*

Saturday, September 6  
*1 Corinthians 12:1-11*

Tuesday, September 16  
*Psalms 119:121-136*

Friday, September 26  
*Matthew 7:24-27*

Sunday, September 7  
*Psalms 139:7-12*

Wednesday, September 17  
*Romans 6:1-11*

Saturday, September 27  
*Colossians 1:9-14*

Monday, September 8  
*Hebrews 13:1-3*

Thursday, September 18  
*Ecclesiastes 3:1-8*

Sunday, September 28  
*1 Thessalonians 5:12-24*

Tuesday, September 9  
*Matthew 7:7-12*

Friday, September 19  
*Isaiah 58:6-12*

Monday, September 29  
*Psalms 32:1-11*

Wednesday, September 10  
*Psalms 73:23-28*

Saturday, September 20  
*Psalms 139:13-18*

Tuesday, September 30  
*John 19:39-42*





# Children's Ministry Matters

## Children's Sunday Morning Discipleship Programs

J.A.M. (Jesus and Me), our new children's Sunday morning programming, begins September 7. If you haven't registered yet, you can print the registration form from the website. Here is the classroom assignment for each group:

### 9:00 a.m.

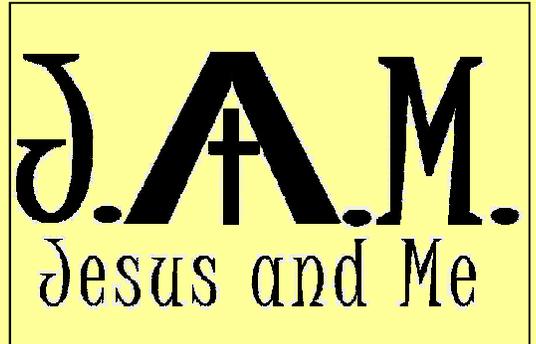
PreK-K - Room - E1  
1st-2nd Grade - Room - E2  
3rd-5th Grade - Room - E5  
6th-8th Grade - Room - Y1

### 10:00 a.m.

PreK-K - Room - E4  
1st-3rd Grade - Room E6  
4th-6th Grade - Room E3  
9th-12th Grade - Room Y1

### What's Happening?

PreK-K students will be learning about tough choices in the Bible.  
1st-2nd grades will be studying kings and queens of the Bible.  
3rd-5th grades will study the books of Numbers and Joshua.  
4th-6th grades will be learning about Saul and David.



Offering envelopes will be sent home with your child the first day of Sunday School. Be sure your child's first and last name is on the envelope, as their offering gets included with your family's total donations.

### PLEASE NOTE:

Due to safety and security issues, the south door to the Education Wing will remain locked during Sunday morning programs. Please use the west or south doors to drop kids off for J.A.M.

## Great Adventures Boarding September 17

Students ages 2nd—5th grades are invited to join us for Great Adventures, our new mid-week program beginning September 17. Great Adventures will meet the first and third Wednesdays of the month in rooms E17-18 (lowest level). We will be using the Kids' Travel Guide curriculum to learn about the Armor of God and the Fruit of the Spirit.

## Bible Presentation Sunday

Bibles will be presented to students in 1st and 3rd grades during worship services September 28-29. If you are a parent of a child in 1st or 3rd grade, watch your mail for important information about how this will happen.



## Play –n– Worship Nursery

Beginning in September, our youngest disciples in the nursery will be learning about God, Jesus, and the Bible through age appropriate activities and stories. These lessons will get them worshipping God and knowing Jesus through movement and fun, and they'll discover Bible truths through intentional play.

## Sign Up Now: Acolytes and Benediction Bell

Children as young as age five can participate in worship services by ringing the Benediction Bell at the end of service, while children ages 3rd grade and up are encouraged to serve as acolytes at the 10:00am worship service. Sign up sheets will go around during the first two weeks of J.A.M. If you would like to sign up your child, please contact Tina Mitchell.



## Wholly Healthy

Greetings McCabe friends,

Ok, if this was summer I want a refund, and extension or something! As I was out and about today enjoying the warmth of the sunshine, someone stopped me and said I'd better enjoy this as our winter is predicted to be very cold with lots of snow, possible starting in September! So I think to myself, this person is very confused, thinking we live in Siberia. My head is in the sand...anyone else?!

In spite of our whining, reality does indicate that school is starting as are all of the fall activities. I am very excited to remind everyone of our Faithfully Fit exercise class due to begin on Monday, September 8. The classes are held every Monday and Thursday morning from 10:00 - 11:00 in the Great Hall. These classes are geared for **everyone**. This is obvious as I lead them. You know me. I can't walk and talk at the same time! Our class consists of low impact aerobic exercises, strength and balance work, lots of laughter and a wonderful community of friendship and support. It is always recommended to check with your physician before beginning any exercise program. Come and give us a try! Our motto remains, "Come as you are, do as you can". The main goal is we are moving!!

My closets are overflowing with a wonderful assortment of gently used adaptive equipment for your use. Many generous folks here at McCabe have donated their used walker, canes, shower chairs and other equipment to be borrowed. Before you make a purchase please check with me first and save your hard earned money. :)

I will continue to offer blood pressure checks the last Sunday of each month in the parish nurse office located by the west door, from 9:00 - 9:50. I am also in the office every Monday from 11:00 a.m. - 1:00 p.m. Please stop by for a visit.

If you have any questions, concerns, or would like me to visit you, please give the church office a call at 255.1160. Again, thank you for your continued support.

As we make our way through the traffic in town, please be every watchful for our children returning back to school.

God bless,

Nurse Jane

P.S. I finally figured out what I want to be when I get older...YOUNGER!!!

## Nursery Caregivers Needed

The Nursery Caregiver will provide proper care and nurturing to children, ages 6 months and up during worship services on Saturdays from 5:00 - 6:00 p.m. and Sundays from 8:00 a.m. to 12:00 p.m.

Duties:

- Greet parents and sign in/out children
- Provide care & nurturing to children
- Clean changing station & toys
- Become familiar with Nursery policies & facilities

If interested contact the church office at 255.1160. All applicants will need to complete a background check. Compensation for this position is \$25/service.



I can hardly believe that this summer is almost over. It's now time to think of what's coming up for United Methodist Women.

But first I have to thank our McCabe UMC for financing my first trip to Mission U that was held in Jamestown. If you have never attended, please think seriously about going in 2015. What I learned of myself and my soul has really enlightened me. The fellowship I experienced will always be remembered. I have been truly blessed.

**September 4** is our UMW Unit meeting to be held in the Great Hall starting at 12:00 p.m. with a lunch. Guest speaker will be the Chaplain from Sanford., speaking about "*What my dog taught me about love*". He will have his therapy dog along.

**September 5** is the district Team meeting in Minot. It will be held at Faith UMC starting at 2:00 p.m. If you're interested in going, you can contact me at 673.3373. Please do so as soon as possible so we can get your registration in.

**September 18** is Circle meeting day. See you there!

**October 3 & 4** McCabe UMW will hostess the Dakota Conference.

**October 18** will be our annual Bazaar. More details later, but we are in need of 1 or 2 people to head up the rummage sale. Please look inside yourself and have faith that "*You can do this*". Remember "*Shoot for the moon. Even if you miss it you will land among the stars*".

God's blessings to you,

*Gerry Ann Small*

## Thank You, McCabe

Dear fellow brothers & sisters,

Thanks to those of you who prayed for me; I have been in remission from my level 4 large A Lymphoma cancer since May 1, 2014.

I owe my success to you, my Oncologist, Dr. Chadray, and most of all, God, Yahweh. Thank you all very, very much! I want to encourage you to keep praying for others. God does answer prayer and miracles do happen! Pray for whatever you are passionate about and whatever the Holy Spirit lays on your heart. Tune into God's voice and listen. Then do what God is telling you to do.

If you hear the same message consistently, give it some serious thought. Evaluate the message with the Ten Commandments, The Apostles Creed and The Lord's Prayer. Evaluate it also with John Wesley's *Do No Harm*, do good and stay in love with God. If the message fits...it is God speaking to you. Sometimes the message only comes once, but stop and take time to listen.

For example, maybe its to call someone, to take cookies to someone, to pray for someone, visit someone, serve on a committee, teach J.A.M., etc. Whatever the message is do it! You will be blessed by it. But don't take my word for it, take God's Word for it. The rewards are in the Bible...God saving His people Israel, the rainbow, God sending the Holy Spirit to help us, God sending His son, Jesus Christ to save us.

I'm re-evaluating my life again at this time and place. I now know I have more of it to live. What does God want me to do? How much can I do? Where shall I serve?

I'll keep praying, will you? Just know the answers will come; they may not be obvious or the answers we want, but I am an example that your prayers were answered! Thank you, thank you, thank you.

In God's love,

*Cleo Carlson*

## Did You Know?

The monthly Messenger along with a calendar of events is on line at [www.mccabeumc.com](http://www.mccabeumc.com). You can also get a printed or audio copy of each week's sermon and your daily devotional material on the church website.

Please consider receiving notices including the Messenger by email to help with ever increasing postage costs.

## In Our Thoughts & Prayers:

The family & friends of Ruth Schutz, Bismarck, ND, who died July 31, 2014.

Diane & Harvey Schilling and family, and Annette & Bill Willis and family on the death of Diane's sister, and Annette's aunt, LaVon Schaffer, Fargo, ND, August 2, 2014.

Karen Nicholson and family on the death of Karen's mother, Wilma Nicholson, Alamo, GA, August 13, 2014.

The family & friends of Nancy Scarff, Bismarck, ND who died August 15, 2014.

Marion Eastgate and family on the death of her husband, Charles S. "Chuck" Eastgate, Bismarck, ND, August 16, 2014.

## Congratulations to:

Cody & Kelsey Hanson on the birth of their daughter, Grace LoriKay Hanson, July 25, 2014, in Bismarck. Proud grandparents are Dave & Lori Brown and Derek & Kay Hanson. Great-grandparents are Bob & Shirley Schuette.

Tyler & Cambria Bold on the birth of their daughter Harriet Frances Bold, August 3, 2014, in Boston, MA. Proud grandparents are Tom & Royann Bold, and great-grandmother, Marian Bold.

Rory & Lauren Manke on the birth of their daughter, Leighton Eve Manke, August 25, 2014, in Grand Forks. Proud grandparents are Randy & Sue Hansen and great-grandmother, Lois Gregory.

## Pans & Containers

We have the most wonderful cooks and shoppers that provide cookies and bars for funerals and special events! Thank you!

But with these wonderful snacks come pans and containers. Please check the upstairs kitchen (across from the dishwasher) for your pans or containers. They are piling up and anything still there by the fall Bazaar in October will be sold at the Rummage Sale.

Again, thank you for using your time, talent, and resources in times of need!

# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>1 Labor Day</b> OFFICE CLOSED  7:30 pm AI-Anon	<b>2</b> 7:00 am Sojourners 9:00 am Tuesday Work-shop  2:45 pm After School Place  5:00 pm Demonettes 5:30 pm LOF Dance	<b>3</b>  2:45 pm After School Place 3:45 pm Youth Bells 5:45 pm Adult Bells 6:00 pm Confirmation Orientation w/Parents 6:30 pm UMYF 7:00 pm Chancel Choir	<b>4</b> 6:30 am Men's Bible Study 9:30 am AM Tops 12:00 pm UMW Unit Meeting  5:00 pm Demonettes 5:30 pm PM Tops 5:30 pm LOF Dance 6:00 pm Contemporary Band Practice 7:00 pm Adult Dominos	<b>5</b> 7:00 am Men's Breakfast at N. Perkins 10:00 am Prayer & Meditation  5:30 pm LOF Dance	<b>2</b> 11:00 am LOF Dance  2:30 pm Bismarck Bible Study <b>5:00 pm Worship</b>	
<b>7 Homecoming</b> <b>8:00 am Worship</b> 9:00 am Jesus & Me <b>10:00 am Worship</b> 10:00 am Jesus & Me <b>11:15 am Worship</b>  1:00 pm ND Paint Club 6:30 pm F.L.Y. 7:30 pm Basketball	<b>8</b> 10:00 am Faithfully Fit 11am-1pm Parish Nurse In Office  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 7:30 pm AI-Anon	<b>9</b> 7:00 am Sojourners 9:00 am Tuesday Work-shop  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 5:30 pm Leadership Team 5:30 pm LOF Dance	<b>10</b> 10:00 am UMW Executive Meeting 2:45 pm After School Place 3:15 pm S.A.Y. Yes 3:45 pm Youth Bells 5:00 TGIW Meal 5:45 pm Adult Bells 6:00 pm Confirmation 6:00 pm Family Ministry Team 6:30 pm UMYF 7:00 pm Chancel Choir	<b>11</b> 6:30 am Men's Bible Study 9:30 am AM Tops 10:00 am Faithfully Fit 10:00 am Precept Bible Study  5:00 pm Demonettes 5:30 pm PM Tops 5:30 pm LOF Dance 5:30 pm Worship Planning Team 6:00 pm Contemporary Band Practice	<b>12</b> 10:00 am Prayer & Meditation  5:30 pm LOF Dance	<b>13</b> 11:00 am LOF Dance  2-4pm Phelps 50th Anniversary Open House 2:30 pm Bismarck Bible Study <b>5:00 pm Worship</b>	
<b>14 Teacher Blessing &amp; Recognition</b> <b>8:00 am Worship</b> 9:00 am Jesus & Me <b>10:00 am Worship</b> 10:00 am Jesus & Me <b>11:15 am Worship</b>  6:00 pm F.L.Y. 7:30 pm Basketball	<b>15</b> 10:00 am Faithfully Fit 11am-1pm Parish Nurse In Office  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 7:30 pm AI-Anon	<b>16</b> 7:00 am Sojourners 9:00 am Tuesday Work-shop  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 5:30 pm LOF Dance 5:30 pm Trustees	<b>17</b> 2:45 pm After School Place 3:15 pm S.A.Y. Yes 3:45 pm Youth Bells 5:00 TGIW Meal 5:30 pm Children's Ministry Team 5:45 pm Adult Bells 6:00 pm Confirmation 6:00 pm Great Adventures 6:00 pm Moms Connect 6:30 pm UMYF 7:00 pm Chancel Choir	<b>18</b> 6:30 am Men's Bible Study 9:30 am AM Tops 9:30 am Esther Circle 10:00 am Faithfully Fit 10:00 am Precept Bible Study 1:30 pm Mary-Ruth Cir 5:00 pm Demonettes 5:30 pm PM Tops 5:50 pm LOF Dance 5:30 pm Wedding Rehearsal 6:00 pm Contemporary Band Practice 7:00 pm Adult Dominos 7:00 pm UM Foundation	<b>19</b> 7:00 am Men's Breakfast at N. Perkins 10:00 am Prayer & Meditation  5:30 pm Wedding  5:30 pm LOF Dance	<b>20</b> 9:00 am Marfarn Foundation Meeting 11:00 am LOF Dance  2:30 pm Bismarck Bible Study <b>5:00 pm Worship</b>	
<b>21</b> <b>8:00 am Worship</b> 9:00 am Jesus & Me <b>10:00 am Worship</b> 10:00 am Jesus & Me <b>11:15 am Worship</b>  6:00 pm F.L.Y. 7:30 pm Basketball	<b>22</b> 10:00 am Faithfully Fit 11am-1pm Parish Nurse In Office  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 7:30 pm AI-Anon	<b>23</b> 7:00 am Sojourners 9:00 am Tuesday Work-shop  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 5:30 pm LOF Dance 5:30 pm Open Door Board Mtg. at OD	<b>24</b> 2:45 pm After School Place 3:15 pm S.A.Y. Yes 3:45 pm Youth Bells 5:00 TGIW Meal 5:45 pm Adult Bells 6:00 pm Confirmation 6:30 pm UMYF 7:00 pm Chancel Choir	<b>25</b> 6:30 am Men's Bible Study 9:30 am AM Tops 10:00 am Faithfully Fit 10:00 am Precept Bible Study 5:00 pm Demonettes 5:30 LOF Dance 5:30 pm PM Tops 6:00 pm Contemporary Band Practice	<b>26</b> 10:00 am Prayer & Meditation  5:00 pm Wedding Rehearsal  5:30 pm LOF Dance	<b>27</b>  3:00 pm Wedding <b>5:00 pm Worship</b>	
<b>28 1st &amp; 3rd Grade Bibles</b> <b>8:00 am Worship</b> 9:00 am Jesus & Me <b>10:00 am Worship</b> 10:00 am Jesus & Me <b>11:15 am Worship</b>  6:00 pm F.L.Y. 7:30 pm Basketball	<b>29</b> 10:00 am Faithfully Fit 11am-1pm Parish Nurse In Office  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 7:30 pm AI-Anon	<b>30</b> 7:00 am Sojourners 9:00 am Tuesday Work-shop  2:45 pm After School Place 3:15 pm S.A.Y. Yes 5:00 pm Demonettes 5:30 pm LOF Dance	<b>Mark Your Calendar</b> Terri & Evelyn Erberle, Missionaries from Alaska will be visiting Sunday, October 26, 2014. Watch for more details!				

## McCabe Homecoming Weekend

Welcome back! to our fall worship schedule beginning Saturday, September 6 & Sunday, September 7, 2014. We're celebrating by **servicing Root Beer Floats after each service.** Our fall worship schedule will be as follows:

**Saturdays, 5:00 p.m.**

**Sundays, 8:00, 10:00 & 11:15 a.m.**

Our children's program, **Jesus and Me** will meet each Sunday morning at 9:00 & 10:00 a.m. for children ages pre-K - 5th grade.

## TGIW

Thank **God** It's **Wednesday** meals

Join us every Wednesday evening beginning September 10 from 5:00 - 6:00 p.m. in the Great Hall. Several kinds of pizza, casseroles, soups, drinks and desserts (free-will offering) will be served, so come and fellowship with others, everyone is welcome, and give yourself or your spouse a break.

Help is always appreciated in preparing the meal and with clean up. Look for the sign-up sheet in the Great Hall kitchen to help cook, clean-up, or provide a dessert.

## NOTICE:

Any items for the August newsletter need to be turned into the church office no later than  
**Monday, September 15, 2014.**

### McCabe UMC

1030 N. 6th St.  
Bismarck, ND 58501  
(701) 255.1160

### Pastor:

Jenny Hallenbeck

### Office Hours:

Monday – Friday  
8:30 a.m. – 4:30 p.m.

### Worship

#### Saturdays:

5:00 p.m.

**Sundays: (Sept.-May)**  
8:00, 10:00, & 11:15 a.m.

**Sundays: (June-Aug.)**  
8:00, 9:30, & 11:00 a.m.

#### Children's Program

**J.A.M. (Jesus and Me)**  
Sundays 9:00 & 10:00 a.m.  
(Sept.-May)

#### Fax

(701) 223.1324

#### E-mail

mccabeumc  
@mccabeumc.com

#### Website

[www.mccabeumc.com](http://www.mccabeumc.com)

#### Facebook

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