

## Upcoming Events

### Communion

February 28 & March 1

### Daylight Savings Time Begins

Sunday, March 8

### Youth Fundraiser ?Mystery Dinner?

Sunday, March 15  
11:00 a.m. - 1:00 p.m.

### Wednesday Lenten Schedule

5:00 p.m. Meal

6:00 p.m. Lenten Study

*"Listen, Praying in a Noisy World"* by Ruben Job

7:00 p.m. Worship

### Psalm Sunday Cantata

March 29, 8:00 & 10:00 a.m.

### Check out:

[www.mccabeumc.com](http://www.mccabeumc.com)

for more information about  
McCabe and our  
Ministry Groups.

## Pastor Jenny's Ponderings: "Frail Children of Dust..."

In worship on February 21 and 22, we sang two of my favorite songs of faith: we sang "O Worship the King" during our three sanctuary services and we sang "Beautiful Things" by Gungor at the 11:15 service. I love both of these songs on their own, but I find them especially meaningful during the season of Lent.

Verse 5 of the hymn "O Worship the King" begins with the words, "Frail children of dust, and feeble as frail / in Thee do we trust, nor find Thee to fail." Such perfect words to sing just days after Ash Wednesday, don't you think? *Frail children of dust...*



On Ash Wednesday, Nurse Jane Morgan and I placed ashes in the sign of the cross on many of your foreheads. As we did that, we offered some form of the words, "From dust you came and to dust you shall return." The ashes offer a sign of our mortality, recalling that our sin is what leads to death and that Jesus saved us from the power of sin and death through his crucifixion and resurrection. During Lent, we prayerfully reflect on our sin and brokenness – which is why it makes sense for us to do a series called "I'm Not Okay" during Lent. *Frail children of dust...*

But dust is not all bad. Not only is the dust of Ash Wednesday a sign of our mortality – that we will return to the dust of the earth in death – it's also, of course, a recalling of the Creation story in Genesis 2, when God makes the first humans out of the dust of the earth. At Creation, all was good and right and beautiful. After the first humans sinned, death entered the world...but, in his resurrection, Jesus conquered death and, by that glorious act, we know God makes *all* things new and beautiful. Eventually.



Gungor's song "Beautiful Things" (a theme song for us this Lent during the 11:15 service) includes these words: "All this pain / I wonder if I'll ever find my way / I wonder if my life could really change at all / All this earth / could all that is lost ever be found / could a garden come up from this ground at all / You make beautiful things out of the dust / You make beautiful things out of us / All around / hope is springing up from this old ground / out of chaos life is being found in You / You make beautiful things..."

We *are* frail children of dust...but God is always working to make beautiful things out of us. That is the promise of Easter – the promise for which we wait this Lenten season.

Peace in Christ,

*Pastor Jenny Hallenbeck*

## Meals on Wheels - Month of April

**“It is easy, doesn’t take much time and will give you a great deal of satisfaction.”** In April, McCabe servants deliver well-balanced hot meals to the homes of those who find it difficult or impossible to cook for themselves. The smile and the meal from McCabe servants is often the only daily contact from the outside world these recipients have. **Bismarck Meals on Wheels** is not federally funded. It is entirely dependent on contributions from churches, organizations, and individuals so reach out to others in our community by signing up in the Great Hall to deliver meals during the month of April.

## Building Use

The Board of Trustees asks that if you would like to schedule a meeting or event at the church, that you **first** fill out a *Church Use Form* (which can be obtained in the church office) and submit it to the Board of Trustees for review and approval prior to the upcoming event. The Board usually meets the third Tuesday of each month.

## Congratulations to:

Sid & Helen Soma on celebrating their 70th Wedding Anniversary, February 15, 2015.

## Did You Know?

The monthly Messenger along with a calendar of events is on line at [www.mccabemc.com](http://www.mccabemc.com). You can also get a printed or audio copy of each week’s sermon and your daily devotional material on the church website.

Please consider receiving notices including the Messenger by email to help with ever increasing postage costs.

## In Our Thoughts & Prayers:

Betty Jo Peet and Kelley & Don Franklund and family on the death of Betty Jo’s husband and Kelley’s step-father, Roger Peet, Bismarck, ND, January 27, 2015.

Vickie Nordmeyer & family and Kyle & Courtney Nordmeyer and family on the death of Vickie’s husband and Kyle’s father, Richard Nordmeyer, Fargo, ND, February 4, 2015.

Donna Brown & family and Rev. Walter Schott & family on the death of Donna’s father, and Rev. Schott’s brother, Richard Schott, Bismarck, ND, February 5, 2015.

LaBette Peterson & family and Clinton & Samantha Peterson & family on the death of LaBette’s husband and Clinton’s father, Richard Peterson, Bismarck, ND, February 7, 2015.

## Thank You

Thank you for your contribution to the Ruth Meiers Hospitality House. Your gift enables us to work towards our mission to provide housing and supportive services to assist individuals in our community to achieve self-sufficiency.



**Classes start** on Sunday, March 8, and will be completed Sunday, May 3. Learn God’s ways of handling money with Dave Ramsey’s *Financial Peace University*. We will meet in McCabe’s Great Hall at 3:00 p.m. each Sunday. Each class runs about an hour, followed by a half hour discussion time. Contact Jeanette Gravseth at 471-5573. Learn more at [daveramsey.com](http://daveramsey.com).



# Family Ministry Minute



It's been a long, cold winter but summer is around the corner. Now is the time to register for a Methodist camp. **McCabe will pay one-half of the camp fee up to \$100 per camp.** When registering, use code **352141CA** to receive the registration credit. Additionally, an early-bird discount is given to campers who register and pay by April 30.

Camping brochures will be available at the church soon, or visit [dakcamps.org](http://dakcamps.org) to see what is offered for students, families, adults, and those with special needs.

You will find X-treme adventures, sports camps, water activities camps, arts camps, day camps, work camps, relaxation camps, spiritual renewal camps, cabin camping, tent camping, backpacking camping. There is something for everyone to enjoy in the company of other United Methodists sharing their love for God.

Contact Tina Mitchell with questions.

## College Care Ministry

The Family Ministry team has started a new College Care Ministry where first year students will receive notes, cards, and occasional care packages from McCabe. If you have a first year college student who would like to receive notes of encouragement, please email their name and address to Tina



## Family Link Scriptures for March

Sunday, March 1 <i>John 6:25-35</i>	Monday, March 9 <i>Matthew 22:34-40</i>	Tuesday, March 17 <i>Matthew 7:1-5</i>	Wednesday, March 25 <i>Psalms 142:1-7</i>
Monday, March 2 <i>Philippians 1:12-30</i>	Tuesday, March 10 <i>Jeremiah 17:7-8</i>	Wednesday, March 18 <i>Romans 11:16-24</i>	Thursday, March 26 <i>Job 42:1-6</i>
Tuesday, March 3 <i>Romans 8:26-32</i>	Wednesday, March 11 <i>Isaiah 53:1-5</i>	Thursday, March 19 <i>John 14:15-27</i>	Friday, March 27 <i>John 15:10-21</i>
Wednesday, March 4 <i>Matthew 6:1-6</i>	Thursday, March 12 <i>Psalms 138:1-3</i>	Friday, March 20 <i>Matthew 3:13-17</i>	Saturday, March 28 <i>Matthew 21:1-11</i>
Thursday, March 5 <i>John 13:1-8</i>	Friday, March 13 <i>Deuteronomy 6:4-12</i>	Saturday, March 21 <i>Colossians 3:12-17</i>	Sunday, March 29 <i>John 13:36-14:6</i>
Friday, March 6 <i>Ephesians 2:11-22</i>	Saturday, March 14 <i>Isaiah 54:9-12</i>	Sunday, March 22 <i>John 15:1-9</i>	Monday, March 30 <i>Psalms 139:13-16;</i> <i>Romans 12:3-8</i>
Saturday, March 7 <i>Isaiah 55:6-9</i>	Sunday, March 15 <i>John 10:11-18</i>	Monday, March 23 <i>Matthew 7:7-11</i>	Tuesday, March 31 <i>Galatians 5:22-25</i>
Sunday, March 8 <i>John 9:1-17</i>	Monday, March 16 <i>Luke 15:25-32</i>	Tuesday, March 24 <i>2 Timothy 1:3-14</i>	





# Children's Ministry Matters

## What's Happening?

**Memory Bible Verses** for each age group are available in the wall file outside the office of the family ministries director.

- March 1 - Heifer International Mission Fair, all**
- March 15 - Wordless Gospel Experience, 3rd-5th grades**
- March 22 - Resurrection Eggs, PreK-2nd grade**
- March 29 - Palm Sunday/Palm Parade 10:00am service**

**PreK-K** will learn about Jesus' life on earth including his arrest, trial, death, and resurrection.

**1st-2nd Grades** will be discussing bullies in the Bible including lessons on Herod, Judas, and Pilate.

**3rd-5th Grades** will be learning about supernatural events in the Bible including scriptures from Genesis, Exodus, Numbers, and Matthew.

**4th-6th Grades** will interpret some of the difficult things Jesus said in the Bible such as Love Your Enemies, Calling People Names is as Bad as Murder, You Must Lose Your Life to Follow Jesus, and more.

## Thank You!

Thank you Rachel Merriman for your service in Children's Ministry and your friendship. Good luck to you and the boys in Arizona!

Thank you Amy Sorge for your work in Children's Ministry over the years. We appreciate you!

Thank you DeEtta Phelps, Cindy Fillenworth, and Sarah Bruschwein for providing childcare during Where Moms Connect.

Thank you Marijke Leibel for writing notes and making care packages for our College Care Ministry.



## Heifer International Mission Fair March 1, 2015

J.A.M. (Jesus and Me) classes have been buzzing with excitement as kids prepare for the upcoming Heifer International Mission Fair! The kids are making handmade crafts and goodies to sell for \$1-\$5 to raise money for their animal goals. We'll have chocolate dipped bacon, ice cream sundaes, God's eyes, bunny beanies, bookmarks, loom band jewelry, bacon wrapped sausage, and more.

Heifer International supplies animals and training to people around the world to help them provide food and goods for their families. When the animal reproduces, they give some of the offspring to neighbors and the practice carries on. It's called "Passing the Gift" and is one of the things that makes Heifer so unique.

Bring some extra money on March 1st and help our kids help others!

Animal goals for each class are as follows:

### 9:00 a.m.

PreK-K	Pig
1st - 2nd Gr.	Trio of Rabbits
3rd - 5th Gr.	Goat and Llama

### 10:00 a.m.

PreK-K	Trio of Rabbits
1st - 2nd Gr.	Pig, Goat and Sheep
3rd - 5th Gr.	Sheep, Duck and Pig



## EVEREST

VACATION BIBLE SCHOOL  
IS COMING  
JUNE 14-17, 2014





January was United Methodist women's month. We all enjoyed greeting at Sunday services. We had a table set up in the Great Hall one Sunday so you

could learn more about us and our devotion to Missions. We had a lot of interest and some sign up, which was our goal. Remember, it's never too late to come to meetings. I sincerely want to thank Darlene Farrell and Helen Brown for delivering the good news about UMW and visiting with you all. Thanks so much ladies.

I have information to share with you all now that the whole state has gotten involved in...Human Trafficking. It is a BIG concern. At our Unit meeting, March 5 beginning at 12:00 p.m. we will have a special guest who will speak on Human Trafficking. You are all invited to attend.

On March 19 we will hold our monthly Circle meetings at 9:30 a.m. and 1:30 p.m. Both are held in the church. We would enjoy seeing some new faces.

We also are looking forward to the spring Focus meeting in April, the Spring Banquet in May and our Salad Luncheon in June.

A week before Christmas I got vertigo from an inner ear infection, but with the help of my Chiropractor, I finally got over it. Recovered just in time to help Gary, my husband, get over his heart attack and triple bypass and begin his recuperation. Through all of this, the church has been supporting me with your prayers, cards, and caring. You all really braced me up and let me know you cared. You are absolutely the best and are both very appreciative.

"A strong, positive attitude will create more miracles than any wonder drug." -Patricia Neal

God's blessing for your caring,

*Gerry Ann Small*

## JOB OPENING: McCabe Custodian

As you may be aware, the 30-hour/week custodian we had for about a year, Mary Rader, left McCabe for another position toward the end of 2014. While we've had some applicants, we're still looking for the right one. The position can be 30 or 40 hours/week. We need to find someone who can work days and, ideally, who has occasional weekend availability. If you or someone you know might be a good fit for this position, please contact the church office for more information. *Many thanks to Linda Suko who has been filling in as a temporary custodian in the interim!*

## Coffee Corner Review:

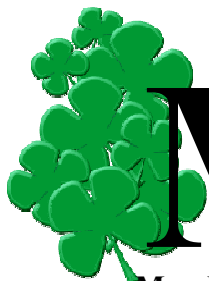
Started in 2002, the UMCOR Coffee Project is a collaboration between Equal Exchange and the United Methodist Committee on Relief to involve more Methodist communities and individuals in supporting small farmers around the world.

For each pound of fairly traded coffee, chocolate, tea, and foods Methodists purchase through the UMCOR Coffee Project, 15 cents per pound goes to UMCOR's Small Farmer Fund, helping to increase the capacity of two coffee co-ops, Sopacdi and Muungano in the Democratic Republic of Congo. The projects improve quality management processes and strengthen their commercial relationships in the inter-national market. That Fund amounted to \$19,604.17 in 2012 alone!



## Evening Circle to Begin

The United Methodist Women is currently in the process of starting an evening circle, Eve Circle. We will be meeting one evening a month and child care will be available. For more information or to join Eve Circle, contact Selma Kerzman, at 221-2063.



# MARCH



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>1 Communion</b>  <b>8:00 am Worship</b>            9:00 am Heifer Market            9:00 am Adult Bible Studies  <b>10:00 am Worship</b>            10:00 am Heifer Market  <b>11:15 am Worship</b>            6:30 pm F.L.Y.            7:00 pm Basketball</p>	<p><b>2</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse In Office            3:15 pm S.A.Y. Yes            5:30 pm ALOF Dance            7:30 pm Al-Anon</p>	<p><b>3</b>            7:00 am Sojourners            9:00 am Tuesday Workshop            9:30 am Mom's Club            3:15 pm S.A.Y. Yes            4-7 pm Praise Band            5:30 pm ALOF Dance</p>	<p><b>4</b>            3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 Lenten Meal            5:30 pm Adult Bells            6:00 pm Great Adventures (gr. 2-5)            6:00 pm Moms Connect            6:00 pm Confirmation            6:00 pm UMYF            6:00 pm Lenten Study            7:00 pm Worship            7:45 pm Chancel Choir</p>	<p><b>5</b>            6:30 am Men's Bible Study            9:00 am AM Tops            10:00 am Faithfully Fit            10:00 am Precept Bible Study            12:00 pm UMW Unit Meeting            5:30 pm PM Tops            5:30 pm ALOF Dance</p>	<p><b>6</b>            7:00 am Men's Breakfast at N. Perkins            10:00 am Prayer &amp; Meditation</p>	<p><b>7</b>            11:00 am LOF Dance            2:30 pm Bismarck Bible Study  <b>5:00 pm Worship</b>            7:00 pm Wedding</p>
<p><b>8 Daylight Savings</b>  <b>Time Begins</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>            1:00 pm ND Paint Club            3:00 pm Financial Peace            6:30 pm F.L.Y.</p>	<p><b>9</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse In Office            3:15 pm S.A.Y. Yes            5:30 pm ALOF Dance            7:30 pm Al-Anon</p>	<p><b>10</b>            7:00 am Sojourners            9:00 am Tuesday Workshop            3:15 pm S.A.Y. Yes            4-7 pm Praise Band            5:30 pm ALOF Dance            5:30 pm Leadership Team</p>	<p><b>11</b>            3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 Lenten Meal            5:30 pm Adult Bells            6:00 pm Confirmation            6:00 pm Lenten Study            6:30 pm UMYF            7:00 pm Worship            7:45 pm Chancel Choir</p>	<p><b>12</b>            6:30 am Men's Bible Study            9:00 am AM Tops            10:00 am Faithfully Fit            10:00 am Precept Bible Study            5:30 pm PM Tops            5:30 pm ALOF Dance</p>	<p><b>13</b>            10:00 am Prayer &amp; Meditation</p>	<p><b>14</b>            11:00 am LOF Dance            2:30 pm Bismarck Bible Study            3:00 pm Wedding  <b>5:00 pm Worship</b></p>
<p><b>15</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>            3:00 pm Financial Peace            6:30 pm F.L.Y.            7:00 pm Basketball</p>	<p><b>16</b>            9:30 am Mom's Club            10:00 am Faithfully Fit            11am-1pm Parish Nurse In Office            12:00 pm P.E.O. Meeting            3:15 pm S.A.Y. Yes            5:30 pm ALOF Dance            7:30 pm Al-Anon</p>	<p><b>17</b>            7:00 am Sojourners            9:00 am Tuesday Workshop            11:00 am Pulse            3:15 pm S.A.Y. Yes            4-7 pm Praise Band            5:30 pm ALOF Dance</p>	<p><b>17</b>             3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 Lenten Meal            5:30 pm Adult Bells            6:00 pm Great Adventures (gr. 2-5)            6:00 pm Moms Connect            6:00 pm Confirmation            6:00 pm UMYF            6:00 pm Lenten Study            7:00 pm Worship            7:45 pm Chancel Choir</p>	<p><b>19</b>            6:30 am Men's Bible Study            9:00 am AM Tops            9:30 am Esther Circle            10:00 am Faithfully Fit            10:00 am Precept Bible Study            1:30 pm Mary-Ruth Circle            5:30 pm PM Tops            5:30 pm ALOF Dance            7:00 pm Adult Dominos</p>	<p><b>20</b>            7:00 am Men's Breakfast at N. Perkins            10:00 am Prayer &amp; Meditation</p>	<p><b>21</b>            11:00 am LOF Dance            2:30 pm Bismarck Bible Study  <b>5:00 pm Worship</b></p>
<p><b>22</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>            3:00 pm Financial Peace            6:30 pm F.L.Y.            7:00 pm Basketball</p>	<p><b>23</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse In Office            3:15 pm S.A.Y. Yes            5:30 pm ALOF Dance            7:30 pm Al-Anon</p>	<p><b>24</b>            7:00 am Sojourners            9:00 am Tuesday Workshop            3:15 pm S.A.Y. Yes            4-7 pm Praise Band            5:30 pm ALOF Dance            5:30 pm Board of Trustees</p>	<p><b>25</b>            3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 Lenten Meal            5:30 pm Adult Bells            5:30 pm Children's Ministry Team            6:00 pm Confirmation            6:00 pm Lenten Study            6:30 pm UMYF            7:00 pm Worship            7:45 pm Chancel Choir</p>	<p><b>26</b>            6:30 am Men's Bible Study            9:00 am AM Tops            10:00 am Faithfully Fit            10:00 am Precept Bible Study            5:30 pm PM Tops            5:30 pm ALOF Dance</p>	<p><b>27</b>            10:00 am Prayer &amp; Meditation</p>	<p><b>28</b>            10:00 am Cantata Practice            11:00 am LOF Dance            2:30 pm Bismarck Bible Study  <b>5:00 pm Worship</b></p>
<p><b>29 Palm Sunday</b>  <b>8:00 am Worship/Cantata</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible Studies  <b>10:00 am Worship/Cantata</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>            3:00 pm Financial Peace            6:30 pm F.L.Y.            7:00 pm Basket ball</p>	<p><b>30</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse In Office            3:15 pm S.A.Y. Yes            5:30 pm ALOF Dance            7:30 pm Al-Anon</p>	<p><b>31</b>            7:00 am Sojourners            9:00 am Tuesday Workshop            3:15 pm S.A.Y. Yes            4-7 pm Praise Band            5:30 pm ALOF Dance            5:30 pm Open Door Board Meeting</p>	<div style="text-align: center;">  <p><i>May your pockets be heavy            and your heart be light,            May good luck pursue you            each morning and night.</i>            - Irish Blessing</p> </div>			

## MARCH'S ONE THING: the Humane Society!!!

With the Heifer International Mission Fair on March 1, we on staff decided to stick with an "animal" theme for March's One Thing. SO, we'll be collecting items for the Central Dakota Human Society. Here's what they need most: cat litter (clay, non-clumping), bleach, and postage stamps. If you'd prefer not to bring any of those items, but would like to support the Humane Society, you can also make a monetary donation through McCabe – they need money, too! *After March 1, items can be brought to the One Thing collection area in the Great Hall.*



### NOTICE:

Any items for the April 2015 newsletter need to be turned into the church office no later than  
**Monday, March 16, 2015**

**McCabe UMC**  
1030 N. 6th St.  
Bismarck, ND 58501  
(701) 255.1160

**Pastor:**  
Jenny Hallenbeck

**Office Hours:**  
Monday – Friday  
8:30 a.m. – 4:30 p.m.

### Worship

**Saturdays:**  
5:00 p.m.

**Sundays: (Sept.-May)**  
8:00, 10:00, & 11:15 a.m.

**Sundays: (June-Aug.)**  
8:00, 9:30, & 11:00 a.m.

**Children's Program**  
**J.A.M.** (Jesus and Me)  
Sundays 9:00 & 10:00 a.m.  
(Sept.-May)

**Fax**  
(701) 223.1324

**E-mail**  
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@mccabeumc.com

**Website**  
[www.mccabeumc.com](http://www.mccabeumc.com)

**Facebook**  
<http://www.facebook.com/pages/McCabe-Church/330953958825>

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