

## Upcoming Events

### Communion

January 31 & February 1  
February 28 & March 1

### Laugh Your Way to A Better Marriage

Sunday, February 8  
3:00 p.m.

### New Member Class

Thursday, February 12  
6:30 p.m.

### Ash Wednesday

February 18  
5:00 p.m. Meal  
6:00 p.m. Lenten Study  
"Listen, Praying in a Noisy World" by Ruben Job  
7:00 p.m. Worship

### VeggieTales Movie

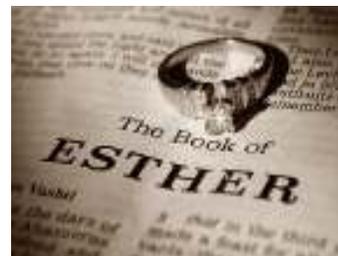
*Noah's Ark*  
Sunday, February 22  
5:00 p.m.

### Check out:

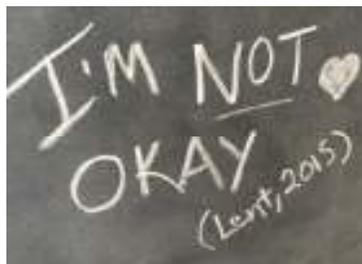
[www.mccabeumc.com](http://www.mccabeumc.com)  
for more information about  
McCabe and our  
Ministry Groups.

## Pastor Jenny's Ponderings:

After spending five weeks with Esther, being delightfully inspired by the story of how she stepped-up to the call God placed on her life, we'll be very close to the start of Lent. The last week of our Esther series will be February 7<sup>th</sup> and 8<sup>th</sup>. After that series closes, I'll be away with my family the weekend of February 14<sup>th</sup> and 15<sup>th</sup> (many thanks to all who will plan and lead worship in my absence!), returning in time for **the start of Lent on Ash Wednesday, which falls on February 18<sup>th</sup> this year. Once Lent begins, we'll be starting a sermon and worship series called "I'm Not Okay."** The title and concept of this series is from a series offered last fall at Embrace Church, one of our sister United Methodist churches in Sioux Falls.



When I learned about this "I'm Not Okay" series, I was captivated by the idea. I shared it during a staff meeting and many of our staff members quickly became captivated by it as well. When one of them said it would make a great Lent series, I knew we'd experienced a Holy Spirit moment! Yes. Done. So here's what's going to happen in this series...



During the season of Lent, we are invited to prayerfully reflect on the sin of the world that sent Jesus to the cross on Good Friday. All of that sin gets redeemed through Christ's resurrection on Easter Sunday, but we do not fully experience the joy and victory of Easter without first dwelling on the harsh reality of Good Friday. And **there are so many ways we personally experience a piece of that harsh reality in our daily lives: through temptation, questions and doubt, sickness, worry and fear, judgment of self and others, through loss and grief.** So often we offer a simple "I'm okay" when someone asks us, "How are you?" But we're not always okay – even when we say we are.

Throughout Lent, as we explore so many ways in which we are "not okay," we'll also look to stories of Jesus' work and words – stories that speak good news into our human experience...stories that remind us of Easter's message that, eventually, it all *will* be okay. **Please stay tuned to calendar announcements about our worship and activity schedule throughout Lent.** My hope and prayer is that you will join us as often as you can and that, in some way, you will hear the good news of God's mercy and grace – especially when you are feeling "not okay."

Peace in Christ,

*Pastor Jenny Hallenbeck*

## McCabe Library Needs Your Help

HELP! Please check your homes, cars, computers and other players for any and all books, DVDs, CD disks and yes, even VCR and audio tapes. We are missing much of our inventory! We have material checked out to people who died years ago. Where did it go? Our books are stamped or written with McCabe's name on it, but disks and tape boxes can't always be stamped or even have a card packet. If you find anything, please return the items to the library (room E-11).

There is no penalty. You are forgiven. All books and material belongs to the people of McCabe. Many people have donated specific items, and some have been purchased with memorial money.

The library policy is:

1. Write your name and date you check out the material on the check out card
2. Include your phone number
3. Leave the check out card in the basket provided
4. Use material for two months, then return
5. A reminder card will be sent after two months

The library is located in room E-11 and includes wonderful material for crafters, teachers, cooks, hobby people, Bible leaders, leisure readers, parents, children, youth, young adults and adults on many topics including maintaining relationships and missions. There are several sets of Bible commentaries as well.

The books are arranged left to right by reference, non-fiction, fiction, biographies and autobiographies. The UMW section is above the telephone. Children's books are in bins under reference and non-fiction. Books for youth and young adults are under the windows. All other media (tapes & disks) are behind the desk and under the window. Please check out all media material the same as books. Material is arranged according to the Dewey Decimal system.

Thanks to Pat Martin for all the work she did in the library. She did a wonderful job of giving books and other material call numbers. We still need to get our card catalog in order, so please be patient with us.

Our library will naturally carry mostly spiritual and religious material, along with beneficial knowledge for clean living and entertainment. Think of our library as God's library.



~Cleo Carlson  
McCabe UMC Librarian

## An Update from Pastor Jenny About Our Open Director of Discipleship Position:

Some of what you are about to read was communicated in our last *Messenger* back in December, but there is an update! So, please keep reading...

In Pastor Rick Fossum,'s last year at McCabe, he worked with a ministry coach, Rev. Sue Nilson Kibbey, and with the existing Staff-Parish Relations Committee, to develop a job description for a new full-time program staff member. **The position they created is for a Director of Discipleship:** someone who will energize McCabe to expand existing small group ministries, who will develop new small group ministries, and who will help us identify a clear discipleship pathway – from the start of someone's life of faith, through to Christian maturity. **With our Leadership Team (former Staff-Parish Relations Committee), we made final tweaks to the Director of Discipleship job description: *the job was posted the second week of January and the applications are rolling in!***

Who exactly applies will remain confidential among Pastor Jenny and the Leadership Team, our sincere hope is to hire someone who already has successful experience in this particular area of ministry. **Please join me in continued prayer for this new position and for the person who will eventually fill it!** As I said in our last *Messenger*, I would love to think we could hire and have our new Director of Discipleship in place by the summer of 2015, but who knows. What I *do* know is that God is already working on someone to open them to this exciting, new opportunity. They may be here in Bismarck, they may be halfway across the country. Pray for them. And pray for us...because, in order for our Director of Discipleship to be successful at McCabe *we all* have to be open to growing in new and powerful ways.

~ Pastor Jenny

## We Bought A House!

At a Charge Conference over two years ago, McCabe voted to move forward with the purchase of the property at 514 E. Avenue F (the house and grounds in the south-central section of our block). It was a lengthy process, but **we finally and officially purchased it in late January: praise God!** When weather and time permits, we will begin the process of demolition so we can create more parking spots on that piece of land. These new parking spots will provide extra space for *people* – not just those who are already present at McCabe, but those who have not yet crossed our threshold!

## S.A.Y. Yes Is Blessed with Holiday Giving

Because of the generous giving of the following McCabe members and Scheel's, the S.A.Y. Yes program was able to make Christmas special for twenty-three children attending Will-Moore elementary School. Some of these children do not have permanent homes. Others are from families struggling with problems ranging from having only one parent to parents with addiction problems as well as domestic violence. Blessings on those of you have shown such care and compassion to these children of God.

Scheel's Sporting Goods donated \$500 toward the purchase of fresh fruits and vegetables. They also donated two pair of ice skates wished for by a brother and sister. The fruit and veggies are a welcome supplement to our after school meals prepared by volunteers of our congregation.

Sandy Tjaden Myers & Roger Myers donated \$1,000 toward the purchase of catered Christmas dinners for nine of our S.A.Y. Yes families. Since some of our families live in temporary housing, they have no way of cooking a full meal! Nine families were able to take home a complete turkey dinner with all the trimmings. Sandy & Roger also donated a Christmas tree for Noah's wish.

Jacque Schauer donated \$500 toward the purchase of movie tickets so all the families were able to enjoy seeing a movie together at a local theater.

Nila Pudwill, Darlene Farrell and Deb Grinaker donated all the trimmings for a little boy's wish for a Christmas tree. Dan Gravseth delivered the tree and trimmings. Noah's wish was granted! Thanks to all of the above for making Christmas wishes come true!

The United Methodist Women donated \$1,200 toward the purchase of clothing, shoes, socks, and a Christmas toy wish for twenty-three children. Women from our unit also met and wrapped all the gifts. This holiday would not have been so bright without the generous giving of money and time these lovely women have given.

Kohl's Department Store provided gifts for four of the S.A.Y. Yes children. The employees purchased gifts as a way of giving back to the Bismarck community. The S.A.Y. Yes program was their Giving Tree mission for Christmas 2014.

A special thank you to Nila Pudwill. She helped me do all the shopping, organized the wrapping of the gifts and donated Christmas tree trimmings. She made this a labor of love. She kept my spirits up when I thought I might just drop in the aisle of Kohl's. She just kept on going. Thank you so much, Nila!

On behalf of the S.A.Y. Yes children and staff, blessings on all who participated in the endeavor. Your time, talents, and gifts are so appreciated.

~DeEtta Phelps  
S.A.Y. Yes Coordinator

## More Volunteers are Needed!

On Saturday, February 21, at 10:00 a.m. there will be a meeting of everyone involved in the S.A.Y. Yes program and Kid's Hope Program.

Please plan to attend the meeting. We need to organize and evaluate both of these programs and their futures. The meeting will last about an hour. Come with suggestions and comments on both programs.

If you want to become involved in either of these programs, please plan to attend. **We need more volunteers for both programs!** We will be talking training, strengths, and weaknesses in both programs that may need addressing.

If you are a cook for the S.A.Y. Yes program, please plan to attend. Deb Grinaker will be speaking with you on scheduling and needs for this part of the program. Thank you!

~DeEtta Phelps

## Christmas Eve Offering Report

When we decided to give away our 2014 Christmas Eve offering for the first time here, I hoped maybe we'd bring in \$10,000. We'd decided to give \$1,800 to the Haiti Solar Oven Partners' new Oven-a-Month campaign and then split the remaining amount between the Spirit Lake Ministry Center and our local Abused Adult Resource Center. Well, guess what? **You gave over \$11,400!!!** The Spirit Lake Ministry Center is so excited about the \$4,800 oven they'll be able to purchase with their share of our offering...and the folks at the Abused Adult Resource Center were beyond thrilled when I stopped by with their surprise check for \$4,800 (the receptionist called the Executive Director out of a meeting and everything!). Thank you so much, McCabe Church: not only have you outdone yourselves, but you've taught me a little bit about your capacity for generosity. Next year's Christmas Eve offering just might have a dollar amount goal attached to it...

~ Pastor Jenny

## Thank You's

Advent was a beautiful gift to all but not without a great deal of planning and preparation. We began with the purchase of all new trees and the response to pay for them was wonderful as well as the purchase of the Holy Family. We will be able to enjoy them for years to come.

Our Hanging of the Greens was different this year and from the remarks it was a good new thing. I am most grateful to Jan Joersz who worked with me and offered encouragement. She was there to do whatever needed to be done and it was a blessing to me.

Special thanks to all who came to decorate the Saturday before the service...Lynn & Ken Tarter, Beth Swanson, Jerry Suko, Jan Joersz, (these five were here the day before as well) Earl Wentz, Gail Sperry, Karen Workman, Jim Jenness, Shelley Rowe, Jim & Jane Morgan, Louise Broten and Lois Neff. To Mike Rowe and Jerry Suko, with the guidance of Barb Thorsen, thanks for setting up the outdoor Nativity set.

On the day of the service the words of Lois Neff and Louise Broten speaking the meaning of all the symbols was wonderful. Thank you to Trilogy, Sarah Bolme, Alex Cleary, and the Chancel Choir for your music. It was wonderful. To the Handbells...sorry I was so particular but you got what I wanted and you did a fabulous job. Thanks to the Interpretive Choir who are always there when we need you, and the Youth, and the J.A.M. classes.

When it was time to put it all away, there were Ken & Lynn Tarter again, as well as Jerry. My hope was that the words touched your hearts and the joy of the birth of our Lord spilled over for you as it did for me. May God continue to bless each of you and our church.

~Linda Suko

Thank you for the donation of blankets, what a wonderful gift. We thank you for all your support.

~Ronald McDonald House

Thank you for your generous gifts of food throughout the year. You have brightened the lives of so many with your thoughtfulness and generous spirit. The total amount in food given in the year 2014 was \$2,298.90.

~Bismarck Emergency Food Pantry

Thank you all for the baby supplies that were collected. We appreciate your generosity in helping low income families at Community Action.

~Andrea Werner

Thank you for your contributions to the Ruth Meiers Hospitality House. Your gifts enable us to assist individuals in our community to achieve self sufficiency.

~Jaclyn Hall, Executive Director

## In Our Thoughts & Prayers:

Family & friends of Douglas J. Warren, Valley City, ND, November 24, 2014.

Chere Schultz & family on the death of her husband, Doug Schultz, Bismarck, ND, November 25, 2014.

Linda & Jerry Suko and Beth Swanson and families, on the death of Linda & Beth's dad, Eugene Redmann, Jamestown, ND, December 28, 2014.

Pastor Jenny Hallenbeck on the death of her grandmother, Hazel Wheeldon, Sioux Falls, SD, December 28, 2014.

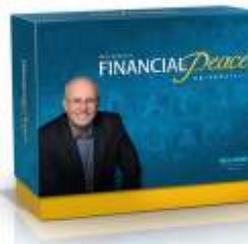
Don & Dorrit Huber and family on the death of Don's sister, Lenora Raeshke, Carson, ND, December 29, 2014.

Family & friends of Pearl Hayer, Bismarck, ND, January 6, 2015.

Margaret & Allen Gibson and family on the death of Margaret's father, Rober C. Nordlie, Ph.D., Grand Forks, ND, January 8, 2015.

## Girl Scout Sunday

Girl Scout Sunday is March 8, 2015,. All current and former girl scouts are invited to help usher. Please call Cindy Sorenson at 701-527-3895 if you and/or your girl scout are interested.



**Classes start** on Sunday, March 8 and will be completed Sunday, May 3. Learn God's ways of handling money with Dave Ramsey's *Financial Peace University!* We will meet in McCabe's Great Hall at 3:00 p.m. each Sunday. Each class runs about an hour, followed by a half hour discussion time. Contact Jeanette Gravseth at 471-5573. Learn more at [daveramsey.com](http://daveramsey.com).



# Family Ministry Minute

## Dave Ramsey's Financial Peace Junior

Remember when you were a kid and had no idea what it was like to pay bills? Parents often shelter their kids from grown-up realities about money. But in our attempts to protect them from real world truths, we can fail to teach them about money at all.

When your kids leave home, they need to know how to handle the financial challenges and temptations they'll face. They should be aware of the hidden dangers behind those credit card offers and that driving a used car isn't such a bad thing. It's our job as parents to get this message through to them. If you teach your children how to handle money when they're young, they won't end up with money regrets later on in life. You can give them the head start you wish you'd had.

*Financial Peace Junior* is designed to help you teach your kids

step instructions for parents. What can be intimidating is made ultra-easy. There are ideas for activities and age-appropriate chores and all the tools you need to make learning about money a part of your daily life. Your kids will love the exciting games and toys. The lessons of working, giving, saving and spending are brought to life through fun stories in the activity book, and they'll love tracking their progress on the dry-erase boards! *Financial Peace Junior* doesn't just give you the tools to teach your kids to win with money—it shows you how.

The Family Ministry Team would like to help equip your family with the tools to teach financial responsibility to your children ages 3-12. We will be placing an order for any McCabe families interested in purchasing the Financial Peace Jr. kit for \$20 each. Contact Tina at 255-1160 or [tmitchell@mccabeumc.com](mailto:tmitchell@mccabeumc.com) by February 15 if interested. Additionally, we will have the companion book and audio sets available for check out in the library.

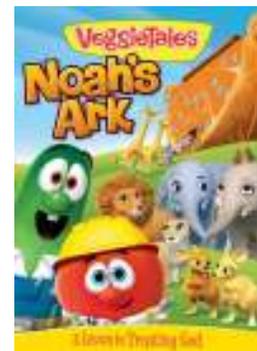
## Family Link Scriptures for February

Sunday, February 1 <i>John 13:34-35</i>	Wednesday, February 11 <i>Romans 8:18-28</i>	Saturday, February 21 <i>Isaiah 43:18-19</i>
Monday, February 2 <i>Romans 5:1-5</i>	Thursday, February 12 <i>John 8:1-11</i>	Sunday, February 22 <i>Exodus 3:1-14</i>
Tuesday, February 3 <i>Matthew 5:13-16</i>	Friday, February 13 <i>Matthew 22:34-40</i>	Monday, February 23 <i>Genesis 33:1-4</i>
Wednesday, February 4 <i>Mark 9:14-29</i>	Saturday, February 14 <i>James 5:13-18</i>	Tuesday, February 24 <i>Matthew 26:36-46</i>
Thursday, February 5 <i>Psalms 19:1-6</i>	Sunday, February 15 <i>Colossians 3:12-17</i>	Wednesday, February 25 <i>Mark 2:23-3:6</i>
Friday, February 6 <i>Luke 1:30-37</i>	Monday, February 16 <i>Isaiah 9:1-7</i>	Thursday, February 26 <i>Jeremiah 1:4-10</i>
Saturday, February 7 <i>Psalms 18:1-6</i>	Tuesday, February 17 <i>Ephesians 3:13-21</i>	Friday, February 27 <i>Philippians 2:12-18</i>
Sunday, February 8 <i>1 Samuel 3:1-10</i>	Wednesday, February 18 <i>Isaiah 58:1-12</i>	Saturday, February 28 <i>Isaiah 43:1-7</i>
Monday, February 9 <i>1 John 4:7-12</i>	Thursday, February 19 <i>2 Corinthians 4:15-18</i>	
Tuesday, February 10 <i>1 Corinthians 15:35-45</i>	Friday, February 20 <i>Luke 24:13-35</i>	



## FAMILY MOVIE NIGHT

### VeggieTales: Noah's Ark PREMIERE EVENT



FREE drinks, popcorn, stickers, and activity sheets! Pizza \$1/slice. Bring a blanket! Bring a friend!

**Sunday, February 22  
5:00 p.m. McCabe Great Hall**

**Thank you!** Children's Ministry Team and JAM Leaders for your help with the Children's Christmas Program and Happy Birthday Jesus parties!



# Children's Ministry Matters

## What's Happening?

In January, PreK-12th Grades discussed Heifer International and selected animal goals for the upcoming Heifer International Mission Fair.

Also, **Memory Bible Verses** for each age group were sent home. If your child didn't get a copy, please stop by the Family Ministries Director's office.

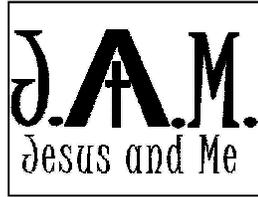
**February 22**—Prayer Bears Go Home, PreK-4th Grade.

**PreK-K** will continue learning about people in the Bible that thanked God, including stories from Chronicles and Psalm 136.

**1st-2nd Grades** will be discussing lessons on Jacob, Job, and David and how God transformed bad situations into good.

**3rd-5th Grades** will be learning about amazing miracles in Bible with lessons from Daniel, Isaiah, and Acts.

**4th-6th Grades** continue to study the names of God and Jesus.



## Heifer International Mission Fair is coming!

On March 1, JAM (Jesus and Me) students will once again host the Heifer International Mission Fair in the Great Hall. Some of you may be asking, "What is Heifer International?" The Heifer model is simple. They use donations from people like you to provide livestock and training to underprivileged people around the world.

You see, giving an animal is like giving a small business. And small businesses can lead to very big changes.

Every egg, every gallon of milk and all that wool is a new opportunity.

So instead of just feeding the hungry, Heifer helps the hungry feed themselves. Like the saying goes, it's a hand up, not a handout.

Plus, each family who receives an animal agrees to give one of their animal's offspring to another family. It's called Passing on the Gift, and it's what sets Heifer International apart. It also means that your gift will keep on giving for many generations to come.

After students in each class choose an animal to purchase, they will be making different hand-made products to sell at the mission fair. This is always a fun event that the children really enjoy while uniting all the members of McCabe for a great mission.

## New Library Resources

### For Kids:

*Veggie Tales: Veggies in the House DVD*  
*Veggie Tales: Beauty and the Beet DVD*  
Berenstain Bears books  
Veggie Tales Books

### For Tweens/Teens:

*How You are Changing (Girls)*  
*How you are Changing (Boys)*  
*Catie Conrad: Faith Friendship and Fashion...*  
*Lydia Barnes series*  
*Imagination Station #13 and #14*  
*Pay it Forward*  
*The Coopers Kids Adventure Series 1-4*

### For Parents:

*God's Design for Sex series*  
*How to Confidently Talk with Your Child About Sex*  
*Five Love Languages*  
*Five Love Languages of Children*  
*Raising Kingdom Kids*  
*Growing Grateful Kids*

## Sermon Notes for Kids

Coming to worship this week-end with elementary school age children? Be sure to pick up *Sermon Notes for Kids* - a new way to engage and involve young people during worship services that will also lead to family conversations about the worship service. *Sermon Notes for Kids* is a one page worksheet that can be found outside the Sanctuary near the Children's Bibles.





By now we have our Christmas trees down and everything put away for the year. Well, most everything. Our memories of this last Christmas will

be remembered again and again. Did you know that McCabe's UMW was able to help make very special memories for 32 or more children? These children and their families are some of my special memories of tis year.

UMW was able to give the S.A.Y. Yes After School program \$1,000 for the children and this gift paid forward in ways we couldn't have imagined. Praise the Lord! This was accomplished with the guidance of two of Santa's special elves, DeEtta Phelps and Nila Pudwill. Ladies, you are the best! I know all the effort you both put into this achievement. I am so proud to say I am a UMW member.

At our Unit meeting on December 4, 2014, we installed our leadership team for 2015:

- Leader - Gerry Ann Small
- Secretary - Selma Kerzman
- Treasurer - Kory Hagler
- Chair of Nominations - Faye Hasche

January was UMW month and our ladies served as greeters at the church services. Ladies of the church, did you realize that you are each a UMW member simply because you're a Methodist and a woman? Yep, you are and we would love to see you at our meetings. You won't find better fellowship anywhere. There is always so much going on and we need you. Thursday, February 19, is when our Circles meet, at 9:30 a.m. and 1:30 p.m.

Don't forget to stop in the church library and check out the new books that UMW has purchased for the Reading Program.

What would you try if you knew you could not fail?

God's blessings to you,

*Gerry Ann Small*

## Coffee Corner Review:

This month's focus is on tea. Organic Rooibos (Roy-Bus), a red bush tea from South Africa is naturally caffeine free and contains antioxidants. Steep 5-7 minutes in boiling water.

The Wupperthal Original Rooibos Cooperative is a group of small scale famers that have grown Rooibos in South Africa for generations. These farmers were pushed off the most fertile land in the 1800's and later endured segregation imposed by apartheid. Their dry land is challenging for most crops but works better for Rooibos.



## Why Is Serving God Important?

Is it really necessary to serve God? What is the purpose of changing our priorities to accomplish tasks that God could honestly do better and more quickly without us? Peter addresses the importance of serving God in 1 Peter 4:10-11: *Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. If anyone speaks, he should do it as one speaking the very words of God. If anyone serves, he should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen.* Peter makes it clear that we have received our gifts from God for two purposes - to serve others and to bring praise to God. Serving isn't about us receiving attention or glory; it is for Him to receive glory.

How does God receive glory when we serve? The transforming power of Jesus Christ is on display in the lives of those who have traded selfishness for selflessness. Peter says believers should recognize that we are speaking and serving directly on behalf of God to others, while He gives the ability and strength for us to do so. And when we direct glory towards Him instead of accepting it for ourselves, we stand out from the crowd of those who glorify only themselves. And that difference in our lives causes people to examine the life-changing nature of a relationship with Jesus Christ. It validates our faith in front of others.

Romans 12:1-2 says: *"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will."* Paul's point is that for those who have been saved by the blood of Jesus, it only makes sense to honor Him. Giving ourselves to God is our spiritual act of worship (the Greek word for "spiritual" can also be translated "reasonable"). It's only reasonable that we would serve the God who has provided the greatest service of all: salvation from sin and self and eternal life with Him in heaven.

## Lenten Study:

### *Listen, Praying in a Noisy World*

Beginning Wednesday, February 18, 6:00 p.m., *Listen* is a six-week prayer journey that will guide you in learning how to listen for, understand, and follow God's guidance and direction. We will meet each week in the Great Hall following the Lenten meal. No registration is required. Prayer guides are available (\$10/ea.) in the church office.

## Open Door Blessing Tree 2014

The following people generously donated to the Open Door:

Eleanor L. Piehl, in honor of Ken & Lynn Tarter.  
Mavis Fuher, in memory of Eugene Fuher.  
Loretta Knight.  
Phil Sjursen, in honor of Ralph & Harriet Sjursen, and in memory of Nancy & Susan Sjursen.  
Beth Swanson, in memory of her mom, Hazel Redmann.  
Jean Sanborn, in honor of her children, Josh & Sarah, and in memory of her father, Frank McDaniel.  
Robin Bopp, in honor of Laurel Leonard.  
Jolene Hanson, in memory of her parents, Joe & Florence Neuenschwander.  
Connie Kotchman.  
Bill & Teddy Klemetson, in honor of Lynn Klemetson.  
Fran & Audrey Ely, in honor of their grandchildren.  
Family of Florence & Marvin Kollman, in their memory.  
Marsha & Irv Smith, in honor of their granddaughter Harper Lee Smith and grandsons, Brandon & Alec.  
George & Deanna Anderson.  
Pat Irey, in honor of Bob Donavon.  
Bill & Marilyn Strutz, in honor of the McCabe staff.  
Pat Rotenberger, in honor of Carl & Dorothy Stillwell.  
Shirley Leben, in honor of her children, grandchildren and great-grandchildren.  
Earl & Irene Wentz, in memory of their son-in-law, Jack A. Jensen.  
David & Jodie Campbell, in honor of Ellie & Trenton Lacher.  
Ron & Evelyn Wold, in honor of their children, Loren, Lori and son-in-law, Jerrold, and in memory of family & friends who have passed on.  
Barb & Randy Salzer.  
Paula Patterson, in honor of mother, Phyllis Bendewald.  
Jay & Al Ehrmantraut, in honor of Karen Workman.  
Gloria & Marv Knoll.  
Bob & Kathy Aller, in honor of family and friends.  
James Nicholson, in memory of Wilma A. Nicholson.  
Charles & Florence Mitchel, in memory of Charles' brother, Fred Mitchel and Florence's brother, Jerry Halbett.  
Beverly N. Solberg, in memory of Edwin Landerholm, and in honor of Doris Landerholm.  
Mike & Shelley Rowe, in honor of Lyda Haller and Aileen Rowe.  
Jerry & Linda Suko, in honor of Emily, Noah, Grace, Katie, Ellie, Baylor and Kailen.  
Lyll & Karen workman, in honor of their mothers, Ruby Workman and Elsie Evans.  
Darlene Farrell, in memory of Joe Farrell.  
Larry & Pat Wood, in honor of Joe, Dyan, Deaglan, Amber and Grant.  
Hal & Lois Neff, in honor of Louise Broten & Jim Jenness.  
Carol Desper, in memory of Charles Desper.  
Florence Langen, in honor of family, and in memory of Wesley Langen.  
Helen Joersz.

Howard & Melvena Bier, in memory of Bill Guymer and Bob Morgan.

Marilyn & Allen DeYoung, in honor of Mildred DeYoung Barnes.

Gwen Kubberness, in memory of her grandson, Jonathan Giadini.

Gail Sperry, in honor of members past and present of Tuesday Workshop.

Marilyn Smith, in honor of Rick Steffenson.

Judy Johnson.

Ruth Kubberness, in memory of her grandson, Jonathan Giadini.

Deb & Doug Emerson, in memory of Theo Stephens, infant son of Mandy & Jamie Stephens, and in memory of Jenice Schall.



Thanks SO MUCH to all of you who contributed to the first month of our new One Thing mission initiative! As of the writing of this note, paper products for Ruth Meier's Hospitality House were still coming in, so we don't have a formal report on how much we collected in January, but watch for that announcement in upcoming worship bulletins or on our church Facebook page. Let's keep the momentum going!

ment in upcoming worship bulletins or on our church Facebook page. Let's keep the momentum going!

**February's One Thing:** In February, we'll be *surrounding Bismarck-Mandan with God's love* by encouraging our McCabe folks to send notes of support and kindness to people in our community. Our One Thing table in the Great Hall gathering area will be supplied with Valentine-like cards you can take and send to individuals of your choosing. We will also have business card-sized cards printed with an uplifting message about God's love for us; you'll be invited to take one or more of those to include in cards or to simply leave for people when you're out and about in town.

## Did You Know?

The monthly Messenger along with a calendar of events is on line at [www.mccabeumc.com](http://www.mccabeumc.com). You can also get a printed or audio copy of each week's sermon and your daily devotional material on the church website.

Please consider receiving notices including the Messenger by email to help with ever increasing postage costs.

# february

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>1</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me            10:45 a.m. Communion            Steward Meeting  <b>11:15 am Worship</b>              6:30 pm F.L.Y.            7:30 pm Basketball</p>	<p><b>2</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse            In Office              3:15 pm S.A.Y. Yes            5:00 pm JV Demonettes            5:30 pm ALOF Dance            7:30 pm AI-Anon</p>	<p><b>3</b>            7:00 am Sojourners            9:00 am Tuesday Work-            shop              3:15 pm S.A.Y. Yes            4-7 pm Praise Band            Practice            5:00 pm JV Demonettes            5:30 pm ALOF Dance</p>	<p><b>4</b>            10:00 am UMW Execu-            tive Meeting            3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 pm TGIW Meal            5:30 pm Adult Bells            6:00 pm Great Advent-            ures (gr. 2-5)            6:00 pm Moms Connect            6:00 pm Confirmation            6:30 pm UMYF            7:00 pm Chancel Choir</p>	<p><b>5</b>            6:30 am Men's Bible Study            9:00 am AM Tops            10:00 am Faithfully Fit            10:00 am Precept Bible            Study              5:00 pm JV Demonettes            5:30 pm PM Tops            5:30 pm ALOF Dance            7:00 pm Adult Dominos</p>	<p><b>6</b>            7:00 am Men's Breakfast at            N. Perkins            10:00 am Prayer &amp; Medita-            tion              5:30 pm ALOF Dance</p>	<p><b>7</b>            11:00 am ALOF Dance              2:30 pm Bismarck Bible            Study    <b>5:00 pm Worship</b></p>
<p><b>8</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible            Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>            1:00 pm ND Paint Club            3:00 pm Laugh Your            Way to a Better Marriage            6:30 pm F.L.Y.            7:30 pm Basketball</p>	<p><b>9</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse            In Office              3:15 pm S.A.Y. Yes            5:00 pm JV Demonettes            5:30 pm ALOF Dance            7:30 pm AI-Anon</p>	<p><b>10</b>            7:00 am Sojourners            9:00 am Tuesday Work-            shop              3:15 pm S.A.Y. Yes            4-7 pm Praise Band            Practice            5:00 pm JV Demonettes            5:30 pm ALOF Dance</p>	<p><b>11</b>              3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 TGIW Meal            5:30 pm Adult Bells            6:00 pm Confirmation            6:30 pm UMYF            7:00 pm Chancel Choir</p>	<p><b>12</b>            6:30 am Men's Bible Study            9:00 am AM Tops            10:00 am Faithfully Fit            10:00 am Precept Bible            Study              5:00 pm JV Demonettes            5:30 pm PM Tops            5:30 pm ALOF Dance            6:30 pm New Member            Class</p>	<p><b>13</b>            10:00 am Prayer &amp; Medita-            tion              5:30 pm ALOF Dance</p>	<p><b>14</b>            11:00 am ALOF Dance              2:30 pm Bismarck Bible            Study    <b>5:00 pm Worship</b></p>
<p><b>15</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible            Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>              6:30 pm F.L.Y.            7:30 pm Basketball</p>	<p><b>16 President's Day</b>            OFFICE CLOSECD              7:30 pm AI-Anon</p>	<p><b>17</b>            7:00 am Sojourners            9:00 am Tuesday Work-            shop              3:15 pm S.A.Y. Yes            4-7 pm Praise Band            Practice            5:00 pm JV Demonettes            5:30 pm ALOF Dance            5:30 pm Board of Trus-            tees</p>	<p><b>18 Ash Wednesday</b>              3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 TGIW Meal            5:30 pm Adult Bells            6:00 pm Great Advent-            ures (gr. 2-5)            6:00 pm Moms Connect            6:00 pm Confirmation            6:00 pm UMYF            6:00 pm Lenten Study            7:00 pm Worship            7:45 pm Chancel Choir</p>	<p><b>19</b>            6:30 am Men's Bible Study            9:00 am AM Tops            9:30 am Esther Circle            10:00 am Faithfully fit            10:00 am Precept Bible            Study              1:30 pm Mary-Ruth            Circle            5:00 pm JV Demonettes            5:30 pm PM Tops            5:30 pm ALOF Dance            7:00 pm Adult Dominos</p>	<p><b>20</b>            7:00 am Men's Breakfast at            N. Perkins            10:00 am Prayer &amp; Medita-            tion              5:30 pm ALOF Dance</p>	<p><b>21</b>            11:00 am ALOF Dance            12:00 pm Baby Shower              2:30 pm Bismarck Bible            Study    <b>5:00 pm Worship</b></p>
<p><b>22</b>  <b>8:00 am Worship</b>            9:00 am Jesus &amp; Me            9:00 am Adult Bible            Studies  <b>10:00 am Worship</b>            10:00 am Jesus &amp; Me  <b>11:15 am Worship</b>            5:00 pm Veggie Tales            Movite            6:30 pm F.L.Y.            7:30 pm Basketball</p>	<p><b>23</b>            10:00 am Faithfully Fit            11am-1pm Parish Nurse            In Office              3:15 pm S.A.Y. Yes            5:00 pm JV Demonettes            5:30 pm ALOF Dance            7:30 pm AI-Anon</p>	<p><b>24</b>            7:00 am Sojourners            9:00 am Tuesday Work-            shop              3:15 pm S.A.Y. Yes            4-7 pm Praise Band            Practice            5:00 pm JV Demonettes            5:30 pm ALOF Dance            5:30 pm Open Door            Board Meeting</p>	<p><b>25</b>            3:15 pm S.A.Y. Yes            3:45 pm Youth Bells            5:00 Lenten Meal            5:30 pm Adult Bells            6:00 pm Confirmation            6:00 pm UMYF            6:00 pm Lenten Study            7:00 pm Worship            7:45 pm Chancel Choir</p>	<p><b>26</b>            6:30 am Men's Bible Study            9:00 am AM Tops            10:00 am Faithfully Fit            10:00 am Precept Bible            Study              5:00 pm JV Demonettes            5:30 pm PM Tops            5:30 pm ALOF Dance</p>	<p><b>27</b>            10:00 am Prayer &amp; Medita-            tion              5:30 pm ALOF Dance</p>	<p><b>28</b>            11:00 am ALOF Dance              2:30 pm Bismarck Bible            Study    <b>5:00 pm Worship</b></p>

*Happy  
Valentine's Day!*





On Sunday, February 8, at 3:00 p.m. there will be a 40 minute introduction video of Pastor Mark Gungor's *Laugh Your Way to a Better Marriage* in McCabe's Great Hall. After the introduction, we will discuss the possibility of doing a small group study, one-day workshop, or a two-day workshop covering his full seminar. Mark is an international speaker on Marriage, relationships, and family. His comedic approach is great advice for those in all kinds of relationships; pre-marriage, married, single, work, etc. Child Care will be provided by the McCabe youth; a free-will offering will support their summer mission trip. Come enjoy an hour of fun relationship building! If you have questions, contact Jan Joersz (jjoersz@mccabeumc.com), Tina Mitchell (tmitchell@mccabeumc.com), or Angie Wescott (angeladwescott@gmail.com).

## New Member Class

For anyone interested in joining McCabe United Methodist Church, there will be a New Member Class on Thursday, February 12, at 6:30 p.m. Come visit with Pastor Jenny, and other interested people, to learn more about McCabe.

## Communion Stewards

McCabe's Communion Stewards and those interested in learning more about this important ministry are invited to meet in McCabe sanctuary after the 10:00 a.m. service on Sunday, February 1. We will help clean up, then setup for the 11:15 a.m. service, and talk about scheduling and other important information. Come join us!

## NOTICE:

Any items for the February 2015 newsletter need to be turned into the church office no later than  
**Friday, February 13, 2015**

**McCabe UMC**  
1030 N. 6th St.  
Bismarck, ND 58501  
(701) 255.1160

**Pastor:**  
Jenny Hallenbeck

**Office Hours:**  
Monday – Friday  
8:30 a.m. – 4:30 p.m.

### Worship

**Saturdays:**  
5:00 p.m.

**Sundays: (Sept.-May)**  
8:00, 10:00, & 11:15 a.m.

**Sundays: (June-Aug.)**  
8:00, 9:30, & 11:00 a.m.

**Children's Program**  
**J.A.M. (Jesus and Me)**  
Sundays 9:00 & 10:00 a.m.  
**(Sept.-May)**

**Fax**  
(701) 223.1324

**E-mail**  
mccabeumc  
@mccabeumc.com

**Website**  
[www.mccabeumc.com](http://www.mccabeumc.com)

**Facebook**  
<http://www.facebook.com/pages/McCabe-Church/330953958825>

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