

## Summer Worship Schedule:

(June 2 - September 1)

**Saturdays: 5:00 p.m.**

**Sundays: 8:00, 9:30,  
11:00 a.m.**

### Check out:

[www.mccabeumc.com](http://www.mccabeumc.com)

for more information  
about McCabe and  
our Ministry Groups.

## Fall Worship Schedule:

(September 8 - May 25)

**Saturdays: 5:00 p.m.**

**Sundays: 8:00, 10:00,  
11:15 a.m.**

**Sunday School:  
9:00 & 10:00 a.m.**

## Coming in the Fall 2013 Alpha Course

The Alpha course covers the basics of Christianity and is for anyone. We will explore questions like: Is there more to life than this? Who is Jesus? Why did Jesus die? How can we have faith? Why and how do I pray? Why and how should I read the Bible? How does God guide us? How can I resist evil? Why & how should we tell others? Does God heal today? What about the Church? Who is the Holy Spirit? What does the Holy Spirit do? How can I be filled with the Holy Spirit? How can I make the most of the rest of my life? Watch for classes starting in September!



## In Our Thoughts & Prayers:

Bob & Selma Kerzman and family on the death of Bob's father, Anthony "Tony" Kerzman, of Garrison, ND, on May 27, 2013.

June & Dennis Farbo and family, Karen Randich & family, and, Dianna Kindseth and family on the death of June's brother, and Karen's & Dianna's uncle, J. Dale Martz, of Devils Lake, ND, on June 5, 2013.

Cindy Johnson and family on the death of Cindy's mother, Virginia Cowan, of Bismarck, ND, on June 16, 2013.

Jennifer & Bill Bandy and family on the death of Jennifer's mother, Jean Gannon, of Troy, MI, on June 19, 2013.

Roger & Betty Jo Peet on the death of Roger's brother, Robert Peet, of Albuquerque, NM, on July 9, 2013.

Almora Borner and family on the death of her husband, Al Borner, of Bismarck, ND, on July 14, 2013.

Lois Horning and family on the death of her husband, Edwin Horning, of Bismarck, ND, on July 17, 2013.

Jan & Jill Crosby and family on the death of Jan's dad and Jill's grandfather, Jerry Tjaden of Bismarck, on July 26, 2013

## Congratulations to:



Ty & Sheila Rostvedt on the birth of their Daughter, Faith Heidi Rostvedt on Wednesday, June 12, 2013.

Matthew & Nicole (Kaul) Hovland on the birth of their daughter, Violet Joy, on June 12, 2013.

## UMW Readers:

Please complete your Program Plan sheets soon. They will be mailed to our district before August 15. If possible, return them by August 10. Leave them in the folder in the reading program corner in room E-11.

## Nursery Care Giver Position Filled

The Staff Parish Relations Committee is pleased to announce the open Nursery Care Giver position will be filled by two members of our McCabe family. Kathy Benesh and Kerrie Schlecht will share the position that has been open since Shirley Schwartz took a medical leave. We are so thankful for these two wonderful women who both saw the need and answered the call to continue to staff our Nursery. Please stop into the Nursery when you can and thank them for their commitment to McCabe Church.

### Meet Kerri Schlecht:

"I grew up on a farm near Spiritwood, ND with my parents and one sister. I attended the University of Mary obtaining a Bachelor's degree in Business Administration with a minor in Communications. In 1999 I married my husband, Dan. We have two children, Austin (10) and Emma (8). In 2002 we became members of McCabe. At McCabe I have been active on the Finance Committee, Stewardship Campaign and Christian Education. I have also taught Sunday School, directed Vacation Bible School and the Children's Christmas Program. Outside of McCabe I have been active on my children's PTO.

Spending time with family and taking my kids to their activities takes up my spare time. I am currently employed at Hub International Insurance as an Account Manager. I look forward to being a part of the McCabe Nursery as that is the beginnings of being a part of the McCabe Christian Education family."

## Note:

We are no longer collecting aluminum cans or personalized toiletries.



## Building Use

The Board of Trustees ask that if you would like to schedule a meeting or event at the church, that you first fill out a church use form (which can be obtained in the church office) and submit it to the Board of Trustees for review and approval prior to the upcoming event. The board usually meets the third Tuesday of every month.

## Family Link Scriptures for August

|   |  |
|---|--|
| Thursday, August 1<br><i>Psalms 31:1-5</i>            | Sunday, August 18<br><i>1 Corinthians 15:51-55</i> |
| Friday, August 2<br><i>John 1:1-5</i>                 | Monday, August 19<br><i>2 Corinthians 12:7-10</i>  |
| Saturday, August 3<br><i>2 Corinthians 2:14-17</i>    | Tuesday, August 20<br><i>Luke 12:22-34</i>         |
| Sunday, August 4<br><i>John 1:1-18</i>                | Wednesday, August 21<br><i>Exodus 2:1-10</i>       |
| Monday, August 5<br><i>1 Peter 1:3-7</i>              | Thursday, August 22<br><i>Genesis 2:4-8, 15</i>    |
| Tuesday, August 6<br><i>Matthew 6:9-15</i>            | Friday, August 23<br><i>Nehemiah 8:5-18</i>        |
| Wednesday, August 7<br><i>Isaiah 49:8-13</i>          | Saturday, August 24<br><i>John 14:1-4</i>          |
| Thursday, August 8<br><i>Galatians 5:22-26</i>        | Sunday, August 25<br><i>2 Corinthians 1:3-7</i>    |
| Friday, August 9<br><i>Mark 12:28-34</i>              | Monday, August 26<br><i>Ephesians 2:1-10</i>       |
| Saturday, August 10<br><i>1 Thessalonians 5:16-24</i> | Tuesday, August 27<br><i>John 14:5-14</i>          |
| Sunday, August 11<br><i>Galatians 3:23 - 4:7</i>      | Wednesday, August 28<br><i>Romans 12:9-18</i>      |
| Monday, August 12<br><i>Luke 24:13-35</i>             | Thursday, August 29<br><i>Mark 16:1-7</i>          |
| Tuesday, August 13<br><i>Philippians 2:1-11</i>       | Friday, August 30<br><i>Isaiah 43:1-5</i>          |
| Wednesday, August 14<br><i>Psalms 139:1-12</i>        | Saturday, August 31<br><i>Psalms 92:12-15</i>      |
| Thursday, August 15<br><i>1 Samuel 3:1-10</i>         |  |
| Friday, August 16<br><i>James 1:2-5</i>               |  |
| Saturday, August 17<br><i>Hebrews 11:1-3, 13-16</i>   |  |



## Are YOU ready to ring?

The Rings of Glory handbell ringers will begin Wednesday rehearsals at 5:30 p.m. - 6:30 p.m. on August 28, 2013.

Any high school age youth, through adult, is invited to ring. Whether or not you know music, you are welcome to join in this beautiful sound.

The purpose of this group is to ring music for church services throughout the church year, fellowship with other ringers, and have fun praising God through the musical talents of each ringer.

Youth handbells rehearsals will start Wednesday September 4, 2013 at 3:45 p.m.– 4:45 p.m.

This time is for third grade to eighth grade. Musical background is not required.

Contact the church office at 255-1160 or Marti at 223-9137, or [ummaknutson@gmail.com](mailto:ummaknutson@gmail.com).

## 1 Samuel - A Precept Bible Study

If you are eager to know God's Word, consider joining this study where you will learn through observation, interpretation and application. As we study this book's theme. God's search for a man after His own heart, we learn how to apply lessons to our own lives. Classes begin on Thursday, September 12, 10:00 a.m., room E-17-18. Donna Kennedy will teach the 8 week course. Because study materials are needed (approximately \$20), please contact Marilyn Strutz, 255-0596. Men and women are welcome.

## Adult Dominos

Come join in playing Dominos on the first and third Thursday of every month (beginning Thursday, September 19) at 7:00 p.m. in the Great Hall. Bring a snack to share and enjoy the fellowship of other domino players.

**Don't know how to play Dominos?  
We'll teach you!!!**



# Christian Ed Notebook

## Greetings from the Family Ministry Department!

It has been a busy month trying to get settled and organized in the office. Many of you have noticed that we removed the wallpaper border and painted the office. It's very bright for an office with no windows! Thank you to the Christian Education Work Area for their hard work.

I have been researching, brainstorming, and planning new opportunities for McCabe to attract new families while supporting our current member families. Exciting things are on the horizon, but we need help. As recommended by Sue Nilson Kibbey, we are forming a Family Ministry Team to assist in the planning of family events, marketing McCabe's programs, reaching out to new families in the community, and supporting current and new families. Interested? Contact Tina at 255.1160 or [tmitchell@mccabeumc.com](mailto:tmitchell@mccabeumc.com).

## Christian Education Is Looking for Donations

Help us restock supplies for Sunday School. We are looking for:

Glue bottles  
Glue sticks  
Water paints  
Clorox wipes  
Kleenex  
Hand sanitizer  
Paper towels  
Band-aids

Grab a tag from the donation board in the Great Hall and return the item(s) by the end of the month. Thank you!

## What if Jesus taught our kids? What tools would he use? What would he want them to learn and remember?

The Bible gives us lots of examples of how Jesus did it 2,000 years ago. He used everyday objects like coins, fish, and plants to help people remember the truths he shared with them. We will be following this



same method of teaching during Sunday School using the *Hands On Bible Curriculum*. Join us as we learn and understand God's word and love. Class times for children ages 3 years—5th grade are 9:00-9:50 and 10:00-10:55 a.m. Want to volunteer to be a Sunday School teacher? Please contact Tina Mitchell at 255-1160 or [tmitchell@mccabeumc.com](mailto:tmitchell@mccabeumc.com).

**UMCOR KITS**...yes it is time to begin thinking about putting together our kits again. The kits are shipped from the churches in the Dakotas to a distribution depot in either Louisiana or Illinois. From there they are sent out all over the United States and the world to places where they are needed in times of emergency. Please check the display in the Great Hall and then pick up a sheet with individual items needed or do an entire kit and help us with this project.

### **SCHOOL KITS**

1 pair blunt scissors  
3 pads, loose leaf or notebooks  
8x11 ruled paper  
1 hand held ruler  
1 pencil sharpener  
1 eraser 2 ½ inch  
1 box 24 crayons  
Place items in a 14x16 cloth bag with handles and closure. (Patterns are available)

### **HEALTH KITS**

1 hand towel (15x25 up to 17x27)  
1 bath-size bar soap (3oz. or larger)  
1 comb large & sturdy, not pocket size  
\$1 cash for purchase of toothpaste  
1 metal nail file or fingernail clipper  
(no emery boards or toenail clippers)  
6 adhesive plastic strip bandages  
(Wash cloths are also included, but we have MANY on hand)  
Place the items inside a sealed one gallon plastic bag.

### **LAYETTES**

6 cloth diapers  
2 shirts or 2 one-piece body suits  
2 baby wash cloths (not adult size)  
2 gowns or sleepers  
1 sweater/jacket open in the front  
2 diaper pins  
2 receiving blankets  
Patterns for sweaters and gowns are available.  
Bundle the items inside one receiving blanket and secure bundle with diaper pins.

### **SEWING KITS**

3 yards of cotton or a cotton blend in a solid-color or print fabric (Must be all one piece)  
1 package of needles  
1 spool thread to match  
5-8 buttons  
1 pair sewing scissors  
Wrap notions in the fabric and place items in sealed one gallon plastic bag.

### **BEDDING KIT**

2 full size flat sheets  
2 pillow cases  
2 pillows

**FRY BREAD KITS** (these are a Conference project and will go to Spirit Lake)

4# sugar  
5# flour  
32 oz. cooking oil  
1 small can baking powder  
These may be placed in a plastic grocery bag.



McCabe's contribution to the Open Door is as always an indication of your congregation's constant, generous support.

~Open Door Board

Your very generous gifts has been gratefully received by Haiti Solar Oven Partners! Despite the great difficulties in Haiti you are investing in a ministry that touches the lives of individuals by meeting daily necessities for cooking food and pasteurizing drinking water using the free energy of the sun!

~Rick Jost, United Methodist Missionary

Thank you to Kerrie Schlecht, the CE Committee, and all the neighbors who volunteered for Vacation Bible School. The kids had a wonderful time!

~Tina Mitchell, Family Ministry Department

Thank you for your continued support of the Bismarck Emergency Food Pantry during the first half of 2013. We appreciate your help in feeding the poor and hungry in our community.

~The Pantry

## Gardening For Missions

Throughout the years your generosity in helping the Gardening project has helped the Mission committee complete many of its outreach activities. Thank you to everyone who has participated in the past.

The Gardening for Missions table is again available. Bring your extra produce to share with your McCabe family. Take what you can use and leave a donation to help others.



## Reminder !

The monthly Messenger along with a calendar of events is on line at [www.mccabeumc.com](http://www.mccabeumc.com). You can also get a printed or audio copy of each week's sermon and your daily devotional material on the church website.

Please consider receiving notices including the Messenger by email to help with ever increasing postage costs.

## NOTICE:

Any items for the newsletter need to be turned into the church office no later than **Thursday, August 15, 2013.**

### McCabe UMC

1030 N. 6th St.  
Bismarck, ND 58501  
(701) 255.1160

### Pastor:

Rick Fossum

### Office Hours:

Monday – Friday  
8:30 a.m. – 4:30 p.m.

### Worship

### Saturdays:

5:00 p.m.

### Sundays: (Sept.-May)

8:00, 10:00, & 11:15 a.m.

### Sundays: (June-Aug.)

8:00, 9:30, & 11:00 a.m.

### Church School

Sundays 9:00 & 10:00 a.m.  
(Sept.-May)

### Fax

(701) 223.1324

### E-mail

mccabeumc  
@mccabeumc.com

### Website

[www.mccabeumc.com](http://www.mccabeumc.com)

### Facebook

<http://www.facebook.com/pages/McCabe-Church/330953958825>

McCabe United Methodist Church  
1030 North Sixth Street  
Bismarck, ND 58501



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# August 2013

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

|   |   |  |  |  |  |   |
|---|---|--|--|--|--|---|
|    |   |  | <b>1</b><br>6:30 am Men's Bible Study  | <b>2</b><br>7:00 am Men's Breakfast at N. Perkins<br>10:00 am Prayer & Meditation<br><br>5:00 pm Wedding Rehearsal | <b>3</b><br><br><br>3:00 Wedding<br>5:00 pm Worship                                |   |
| <b>4</b><br>8:00 am Worship<br>9:30 am Worship<br>11:00 am Worship  | <b>5</b><br>NO Parish Nurse Hours<br><br>5:30 pm Christian Ed<br>6:15 pm Al-Anon<br>7:30 pm Al-Anon | <b>6</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop   | <b>7</b>   | <b>8 The Banquet</b><br>6:30 am Men's Bible Study<br><br>5:30 pm Staff/Parish<br>6:00 pm Tour Choir                | <b>9</b><br>10:00 am Prayer & Meditation<br><br>5:00 Rehearsal/Dinner              | <b>10</b><br><br><br>5:00 pm Worship<br>7:00 pm Wedding |
| <b>11</b><br>8:00 am Worship<br>9:30 am Worship<br>11:00 am Worship<br><br>1:00 pm ND Paint Club                                      | <b>12</b><br>11am-1pm Parish Nurse Hours<br><br>6:15 pm Al-Anon<br>7:30 pm Al-Anon                  | <b>13</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop  | <b>14</b><br>10:00 am UMW Executive Meeting<br><br>5:30 pm Worship Planning Team | <b>15</b><br>6:30 am Men's Bible Study   | <b>16</b><br>7:00 am Men's Breakfast at N. Perkins<br>10:00 am Prayer & Meditation | <b>17</b><br><br><br>5:00 pm Worship                    |
| <b>18</b><br>8:00 am Worship<br>9:30 am Worship<br>11:00 am Worship   | <b>19</b><br>11am-1pm Parish Nurse Hours<br><br>6:15 pm Al-Anon<br>7:30 pm Al-Anon                  | <b>20 1st Day of School</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop<br><br>5:30 pm Board of Trustees Meeting | <b>21</b>  | <b>22</b><br>6:30 am Men's Bible Study<br><br>5:30 pm Administrative Board   | <b>23</b><br>10:00 am Prayer & Meditation  | <b>24</b><br><br><br>5:00 pm Worship/Communion          |
| <b>25</b><br>8:00 am Worship/Communion<br>9:00 am Blood Pressure Screening<br>9:30 am Worship/Communion<br>11:00 am Worship/Communion | <b>26</b><br>11am-1pm Parish Nurse Hours<br><br>6:15 pm Al-Anon<br>7:30 pm Al-Anon                  | <b>27</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop  | <b>28</b>  | <b>29</b><br>6:30 am Men's Bible Study   | <b>30</b><br>10:00 am Prayer & Meditation  | <b>31</b><br><br><br>5:00 pm Worship                    |