

## Upcoming Events

**Sunday, April 14**

10:45—11:30 a.m.

Christian Education Appreciation Buffet

**Saturday, April 20**

10:00 a.m.

New Member Orientation

**Sunday, April 21**

New Member Sunday

5:30 p.m.

Confirmation Banquet

**Sunday, April 28**

10:00 a.m. Worship Service

Confirmation Sunday

*We should try to live at peace and help each other have a strong faith.*

Romans 14:19

## Christian Education Director and Director of Youth Ministries Positions Filled

The Staff Parish Relations Committee (SPRC) at McCabe church is pleased to announce that two wonderfully capable people will be taking over the positions of Christian Education Director and Director of Youth Ministries. Tina Mitchell has accepted the position of Christian Education Director and Justin Balzer has accepted the position of Director of Youth Ministries.

Tina has been involved in teaching and drama here at McCabe for the last three years. She has an impressive resume with a strong background in marketing and art. Tina's talents and enthusiasm for this job make her uniquely qualified for McCabe's current and future Christian Education challenges. Tina's official start date is June 17, 2013.

Justin Balzer is well known to all at McCabe church and specifically with the Youth Group. Since Ty Rostvedt came here approximately three years ago, Justin has been assisting with the Youth Group. Before that he was confirmed at McCabe and was active in Youth Group during those years. Justin has a degree in law and has also worked with the SAY Yes program at McCabe. He is articulate, fun-loving and genuinely committed to the youth. Justin's official start date is June 1, 2013.

The hiring process for these two positions reflects the cooperative spirit at work at McCabe church. The SPRC collaborated with the Christian Education Work Area, the Youth Advisory Work Area and the Pastors many times over the last two months in an effort to fill these open positions in a timely fashion and with individuals who were well qualified and had previous work/volunteer experience at McCabe. During that timeframe, both outgoing directors, (Floramay Miller and Ty Rostvedt) met with the SPRC, the Pastors and their respective work areas; to share their perspective on their position.

Both Tina and Justin received unanimous hire recommendations from the Pastors, the SPRC and those involved in their respective work areas. Those involved in the process from the Christian Education work area were Kerrie Schlecht, Kory Hagler, and Amy Sorge. Those involved in the process from the Youth Advisory work area were Dave Hagler and JoDe Person.

God is at work in our midst by answering prayers to fill these openings with two exceptional people. We will introduce them formally at worship services in early April. Please make an effort to meet and show your support to Tina and Justin as they step into two very important roles at McCabe.

## For What It's Worth:

One of Easter's most popular hymns is called *Up from the Grave He Arose*. Have you ever noticed that each stanza begins slow and somber. *"Low in the grave he lay, Jesus my Savior, waiting the coming day, Jesus my Lord!"*

And then comes the refrain. It's almost a shout. *"Up from the grave he arose, with a mighty triumph o'er his foes; he arose a victor from the dark domain, and he lives forever, with his saints to reign. He arose! He arose! Hallelujah! Christ arose!"*

It the perfect Easter hymn. Death gives way to life. Despair gives way to hope. And darkness gives way to light. *"Hallelujah! Christ arose!"*

I hope Easter is like that for you especially for those of you who are worried, depressed or sad. It's our reminder that Jesus is always with us in every part of our lives. He leads us from our darkest valleys to the highest tops of every mountain. *"Hallelujah! Christ arose!"*

I know many of you are concerned about McCabe. Pastor Ray has been appointed to Vincent UMC in Minot. Floramay is retiring after seventeen faithful years at McCabe. And Ty is leaving to find a full-time job which will enable Sheila, his wife, to say home with their growing family. We will miss all of them. They are an important part of our church family. They will leave a void and we will miss them.

Like losses of any kind, we must experience the different stages of grief. First, there is denial. *"This can't be happening to us. It's just a dream."*

Anger is stage number two. We are angry at the Dakotas UMC Cabinet for their decision to appoint Pastor Ray to Minot. We are angry at God for letting it happen. We are angry at McCabe for not keeping them.

Bargaining is the next step. We will pay our apportionments in full if you let Ray, Floramay and Ty stay (Oh, I forget we are already paying our apportionments in full). We promise to be a better church. We will be more faithful if you just reverse these decisions.

When bargaining does not work, depression follows, How are we going to survive? How are we going to move on? How are we going to find the people to replace the ones we have lost?

And then, and this is my favorite part, comes the refrain. This is part where we shout *"Hallelujah! Christ arose!"* We are not alone even when it feels like we are. We are not without hope even when it feels like all hope is gone. We are not in darkness even when life feels like it's dark all around us. We have a Risen Savior who has promised to always be with us.

Yes, we will miss Pastor Ray and Floramay and Ty, but we will be fine. God has our future in his hands. In fact, God is making our future. We need to continue to be faithful and we will emerge from our own tombs shouting the refrain, *Hallelujah! Christ arose!"*

For my part, I will continue to be the best pastor I can be. I know my imperfections. I have many. I can only promise you that I will be faithful to God and do my best to serve this church.

For your part, I pray that you will continue to be the best McCabe UMC that you can be. You are not like other churches. You are unique. You are one-of-a-kind. With God leading you, you will continue to grow in every possible and positive way.

Together, we will continue to be strong as we march into God's future.

Please, pray for Pastor Ray, Floramay, Ty and their families. We wish them God's best. Also, keep praying for McCabe. There is might and strength in prayer.

Together with you in Christ,

*Pastor Rick*



## Gratitude Flows from Haiti Solar Oven Partners

A heartfelt and huge "THANK YOU" to our McCabe members and friends who recently donated medical supplies and Diapers from T-Shirts for the Haitian people. Your gifts traveled to Haiti with me in February when I served on a United Methodist Volunteer-In-Mission team with Haiti Solar Oven Partners. While each of the team members was allowed one small roller bag of personal belongings your abundant gifts, and the gifts from the churches of other team members, traveled in SEVEN very large suitcases! Two of the seven contained **300 diapers** sewn by ladies in our Dakotas Conference! Our team delivered your gifts to the Grace Children's Hospital in Port-au-Prince where we were assured the medical supplies and diapers would be distributed to Haitian families when teams of nurses go out from the hospital to the rural communities to provide care.

On behalf of Haiti Solar Oven Partners I wish to thank members of McCabe's Missions Work Area and their many helpers for hosting the "Beef Stew and Bread Fund Raising Benefit" on March 3. It was a blessing to have Rick Jost, Director and United Methodist Conference Missionary of Haiti Solar Oven Partners, as our special guest. I am pleased to report the proceeds on the day of the luncheon were in the amount of \$1,105.00. Worthy of mention is that \$250.00 of the \$1,105.00 was a 2013 Bremer Family Missions Matching Grant our Missions Work Area applied for through the UM Dakotas Conference Foundation office. **WHAT A BLESSING** - the proceeds will provide training and placement of 9 solar ovens in Haitian families!! Thank you for your support. Please watch for notices of 1- or 2-day mission volunteer opportunities this spring at HSOP's workshops at Moffit, North Dakota and Volga, South Dakota.

Submitted by Karen Workman  
Member of McCabe's Missions Work Area and Haiti Solar Oven Partner

## Precepts Bible Study

The Precepts Bible Study concluded their study for spring and will resume this coming September. Watch for the start up date in August's newsletter.



## Jeremiah 10:23

*"I know, O Lord, that a man's life is not his own; it is not for man to direct his steps."*

Many of you know that Sheila and I are expecting our second child in June. We are excited about this new stage of life! As we look forward to what God has in store for us, I have the added responsibility to provide for my family in the best possible way. With that, I believe it is in my family's best interest to step down as McCabe's Youth Director and Contemporary Worship Leader. I will be finished with both positions effective at the end of May 2013. This has not been an easy choice, but we feel as though this is what God is calling us to as we look to the future. I am also considering the possibility of attending seminary somewhere, although not necessarily right away next year. I will continue to work hard and invest in students over the next three months and will provide any help that I can during the transition period.

I will continue to pray for you all at McCabe and hope that your faith in Christ continues on throughout your lives. I want to thank the parents, helpers, and the youth that have encouraged me and helped out with our activities over the last three years. I have been blessed by getting to know you.

May Jesus bless McCabe church and all its ministries. My prayer is that this church will continue to Worship, Grow, and Serve to the glory of God.

Because He lives,

Ty Rostvedt  
1 Timothy 1:12

## Wishing God's Blessing to Ty Rostvedt

McCabe's Staff Parish Board regrets to say goodbye to our Youth and Contemporary Worship Leader, Ty Rostvedt. His letter speaks volumes of who he is and who he will become. He has been such a blessing to our church and we accept his letter with a sense of loss in his departure, but with great hope for Ty and his growing family.

During Ty's time here at McCabe, our Youth Group and our Contemporary worship service have thrived under his leadership. Ty and Sheila's commitment to their family and following Christ has set a great example to our Youth. Ty's ability to speak to our Youth with conviction, humor and music are rare gifts and we will miss those gifts.

We hope McCabe church and their time here will occupy a special place in their hearts. We will miss you all, and hope you will come back to see us often!

## Movies @ McCabe

The **Movies @McCabe** series brings entertaining and thoughtful movies to the Great Hall the first Saturday of each month at 6:30 p.m. Popcorn and drinks will be available. There is no charge for the movie. Bring your family, bring your friends - everyone is invited to come and share in the fun!

**April 6:** *A Small Act*  
**May 4:** *Millions*

Movies range from very kid-friendly to more teen and adult oriented fare. Parents can check reviews at <http://www.commonsemmedia.org> to find out about each film in advance.



**Check out [www.mccabeumc.com](http://www.mccabeumc.com) for more information about McCabe and our Ministry Groups.**

## The Family Link!

*"Keep these words that I am commanding you today in your heart. Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise" (Deuteronomy 6:6-7).*

We need your family to participate. Families are defined as: Traditional families or blended families or single folks young and/or old. You can be a family of one or a family of many. You are encouraged to participate. Please invest fifteen minutes every day and follow these simple steps:

- Socialize
- Read Scripture (verses provided)
- Talk about Scripture
- Pray
- Bless

A famous senator once said, *"And it is time for those who talk about family values to start valuing families."* Please join us on our journey to strengthen the family.

## Family Link Scriptures for March

Monday, April 1  
*John 15:9-17*

Tuesday, April 2  
*1 John 4:7-12*

Wednesday, April 3  
*Matthew 28:1-15*

Thursday, April 4  
*2 Timothy 1:3-10*

Friday, April 5  
*Luke 24:13-31*

Saturday, April 6  
*1 John 3:18-22*

Sunday, April 7  
*1 Timothy 6:17-19*

Monday, April 8  
*Matthew 13:1-8, 18-23*

Tuesday, April 9  
*Luke 15:11-24*

Wednesday, April 10  
*Proverbs 15:1-4*

Thursday, April 11  
*Matthew 25:31-40*

Friday, April 12  
*1 Corinthians 10:31-11:1*

Saturday, April 13  
*Psalms 32:1-7*

Sunday, April 14  
*Acts 17:16-34*

Monday, April 15  
*1 Corinthians 12:14-26*

Tuesday, April 16  
*John 10:11-16, 27-29*

Wednesday, April 17  
*Colossians 3:12-17*

Thursday, April 18  
*Isaiah 43:1-4*

Friday, April 19  
*Ephesians 4:31-5:2*

Saturday, April 20  
*1 Corinthians 15:1-8, 20*

Sunday, April 21  
*Matthew 5:1-12*

Monday, April 22  
*Psalms 40:1-5*

Tuesday, April 23  
*Hebrews 10:24-25 & 1 Thessalonians 5:12-22*

Wednesday, April 24  
*Matthew 4:18-22*

Thursday, April 25  
*Ecclesiastes 7:15-20*

Friday, April 26  
*Psalms 34:1-10*

Saturday, April 27  
*Matthew 6:25-34*

Sunday, April 28  
*Psalms 69:30-32*

Monday, April 29  
*Luke 12:13-21*

Tuesday, April 30  
*Psalms 104:24-33*



dreamstime.com

## The McCabe Family at Prayer

A few years ago, McCabe established a chapel prayer ministry called "*The McCabe Family at Prayer.*" A number of persons have supported this ministry since its beginning. However, this is a ministry that all of McCabe's members and friends are encouraged to be a part of. It is a very informal relationship. Just visit the chapel at your convenience, perhaps on a weekly basis, or whenever you can, and spend some time there in conversation with God, offering prayers for the people and ministries of McCabe, as well as for your own needs. Each week, the prayer requests of the various members of our church family are compiled or updated and made ready for you, giving you information to guide your prayers. You will find the prayer guides inside blue binders on a table at the back of the chapel, along with other prayer resources placed there for your use.

If you have a prayer request of your own, you can fill out one of the blue prayer request cards you'll find on the table and leave it on the kneeling rail at the front of the chapel. Or you can use one of the sanctuary's prayer request cards and bring in to the chapel. Your request will be included in the next update. The chapel is located just to the left of the entrance on the west side of the building. It is open any time the church is open.

In the chapel at McCabe, there is peace, serenity, and respite from the rush of the day. In the chapel at McCabe, there is God. So, come and be blessed! Come a bless others through your ministry of prayer.



Thank you to McCabe Still-in-rehearsal Players for putting on the "Forgiving Father" for Sunday morning groups. Cast members were Kelly Haman, Parrell Grossman, Kyle Joersz, Tina Mitchell, Marshall Pudwill, and lighting by Steve Miller.

Thank you to Sarah Baker for leading the Camping Sunday rallies for children in Springboard Station and 5th & 6th Grades.

Thank you for hosting Carrie's Kids Prayer Tree. All of your thoughts and prayers directed towards the homeless and at risk youth in the community are appreciated.

Sandy Morlock, a Carrie's Kids volunteer

## In Our Thoughts & Prayers:

Floyd & Cathie Mount and family on the death of their grandson, Casey Austin, of Mandan, ND, on February 28, 2013.

Dick & Bonnie Elefson and family on the death of their daughter, Susan Nagel, of Bismarck, ND, on March 2, 2013.

Jerry & Marilyn Skogley and family on the death of Jerry's brother, Earl Skogley of Bozeman, MT, on March 16, 2013.

## Congratulations to:



Jason & Caroline (Freeman) O'Keeffe on the birth of their son, Michael Jason O'Keeffe, March 11, 2013.

## Baptisms:

**March 23, 2013**

Tavey Dee Helbling, daughter of Deidre Helbling

## Live Fully!

Have faith only In God.  
Be trustworthy.  
Set aside time for God.  
Be content with your blessings.  
Put God first.  
Be true to your spouse.  
Treat God's name with honor.  
Respect ownership.  
Preserve life.  
Have high regard for your parents.

## Recognize?

Put them in order.  
Deuteronomy 5:1-21



# Christian Ed Notebook

## What's happening...

**April 7:** The drama, Saul to Paul, will be on the stage in Fellowship Hall at 9:20 a.m. It is the story of Saul's conversion (rebirth) into following Jesus as Paul.

**April 14:** Students will be learning about Paul's escape from Damascus. Teachers will have an Appreciation Buffet from 10:45—11:30 a.m.

**April 21:** Students will learn about one of the early church leaders, Lydia, and fill Welcome Bags for the Homeless.

**April 28:** Children will learn about the experience of Paul and Silas in jail.



Go to [www.dakcamps.org](http://www.dakcamps.org) and sign up for a Methodist camp. **McCabe will pay one-half of the camp fee up to \$150 per camp.** Register now to get the camp you want! An Early-bird Discounted Price is given to campers who register and pay by April 22.

Pick up a camping brochure at the church or go online to see what is offered for Kindergarten-Grade 3, Grades 3-6, Grades 6-8, Grades 8-12, Families, Adults, and Special Needs.

You will find X-treme adventures, sports camps, water activities camps, arts camps, day camps, work camps, relaxation camps, spiritual renewal camps, cabin camping, tent camping, backpacking camping. There is something for everyone to enjoy in the company of other United Methodists sharing their love for God.

**Christian Education  
Appreciation Buffet**

**Sunday, April 14, 2013  
10:45—1130 a.m. Fellowship Hall**

**Confirmation  
10:00 a.m. Worship Service**

## Welcome Bags for the Homeless

*"Whenever you helped any of my people, no matter how unimportant they seemed, you did it for me."*

*Matthew 25:40*



Save from travels or purchase personal-sized toiletries for Welcome Bags that provide new arrivals at local shelters with basic personal care necessities.

Every day over 375 people are homeless in the Bismarck - Mandan area. **Items most needed** are small deodorants and combs. Other items collected are:

- |            |             |        |
|------------|-------------|--------|
| Toothbrush | Toothpaste  | Lotion |
| Deodorant  | Comb        | Soap   |
| Shampoo    | Conditioner |        |

## Mexico, Japan, Australia, Zimbabwe and United Kingdom.

Have you or someone you know lived in any of these places, visited or know a lot about them? If so, you are needed. We are looking for snack and easy craft ideas from these countries. Also, if you are available June 2-5 and are willing to visit with children about the country, you would be a great asset to our volunteer team. Call Kerrie Schlecht, VBS Director, 226-9343 or [kjschlecht@yahoo.com](mailto:kjschlecht@yahoo.com) for details, offer ideas or to volunteer.



## Save The Date!

June 2 -5, 2013  
4 Nights of Fun!  
Traveling the World

Volunteers are needed.  
7<sup>th</sup> grade and up can volunteer.

Please email Kerrie Schlecht  
@ [kjschlecht@yahoo.com](mailto:kjschlecht@yahoo.com),  
Text or call 226-9343.

### Attention Sunday School Families

Have you ever thought of an easy way to teach your child to give back to the church and to meet others? How about ushering or greeting as a family? It can be mom or dad along with son or daughter, ages Kindergarten on up. If interested, please let Christian Education know by contacting Floramay Miller (255-1160) or Kerrie Schlecht (226-9343). [fmiller@mccabeumc.com](mailto:fmiller@mccabeumc.com) or [kjschlecht@yahoo.com](mailto:kjschlecht@yahoo.com).

We are compiling a list of interested families that we can call for future church services.

### NOTICE:

Any items for the newsletter need to be turned  
into the church office no later than  
**Monday, April 15, 2013.**

#### McCabe UMC

1030 N. 6th St.  
Bismarck, ND 58501  
(701) 255.1160

#### Pastors

Rick Fossum  
Ray Baker

#### Office Hours

Monday – Friday  
8:30 a.m. – 4:30 p.m.

#### Worship

**Saturdays** (Sept.-May)  
5:00 p.m.

**Sundays** (Sept.-May)  
8:00, 10:00, & 11:15 a.m.

**Sundays** (June-Aug.)  
8:00, 9:30, & 11:00 a.m.

#### Church School

Sundays 9:00 & 10:00 a.m.  
(Sept.-May)

#### Fax

(701) 223.1324

#### E-mail

mccabeumc  
@mccabeumc.com

#### Website

[www.mccabeumc.com](http://www.mccabeumc.com)

#### Facebook

[http://www.facebook.com/  
pages/McCabe-  
Church/330953958825](http://www.facebook.com/pages/McCabe-Church/330953958825)

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# April 2013

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

|   |  |   |   |   |   |   |
|---|--|---|---|---|---|---|
|   | <b>1</b><br>OFFICE CLOSED  | <b>2</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop<br><br>3:15 pm SAY Yes   | <b>3</b><br>3:45 pm Youth Handbells<br>5:00 pm TGIW Meal<br>5:30 pm Adult Handbells<br>5:45 pm Family Link<br>6:00 pm Confirmation<br>6:30 pm UMYF<br>6:30 pm Rusty Staples<br>7:00 pm Chancel Choir  | <b>4</b><br>6:30 am Men's Bible Study<br><br>WDA High School Music Festival<br><br>6:30 pm Contemporary Worship Team<br>6:30 pm COM<br>7:00 pm Adult Dominos  | <b>5</b><br>7:00 am Men's Breakfast at N. Perkins<br>10:00 am Prayer & Meditation   | <b>6</b><br><br><br><br>5:00 pm Worship<br>6:30 pm Movie Night  |
| <b>7</b><br>8:00 am Worship<br>9:00 am Church School<br>10:00 am Worship<br>10:00 am Church School<br>10:00 am Teen Link<br>11:15 am Worship<br>6:30 pm F.L.Y.  | <b>8</b><br>10:00 am Faithfully Fit<br>11am-1pm Parish Nurse Hours<br><br>3:15 pm SAY Yes<br>6:15 pm Al-Anon<br>7:00 Young Adult's Group<br>7:30 pm Al-Anon                                    | <b>9</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop<br><br>3:15 pm SAY Yes   | <b>10</b><br>10:00 am UMW Exec.<br><br>3:45 pm Youth Handbells<br>5:00 pm TGIW Meal<br>5:30 pm Adult Handbells<br>5:45 pm Family Link<br>6:00 pm Confirmation<br>6:30 pm UMYF<br>7:00 pm Chancel Choir  | <b>11</b><br>6:30 am Men's Bible Study<br>10:00 am Faithfully Fit<br><br>5-9pm Missouri Valley Quilters Seminar<br>5:30 pm Staff/Parish   | <b>12</b><br>8:30 am—5:00 pm Missouri Valley Quilters Seminar<br>10:00 am Prayer & Meditation<br><br><div style="border: 1px solid black; padding: 2px; display: inline-block;">8:00 pm Youth</div> | <b>13</b><br>8:30 am—4:00 pm Missouri Valley Quilters Seminar<br><br>5:00 pm Worship<br>6:00 pm Worship Band Practice<br><br><div style="border: 1px solid black; padding: 2px; display: inline-block;">Lock-in 8:00 am</div> |
| <b>14</b><br>8:00 am Worship<br>9:00 am Church School<br>10:00 am Worship<br>10:00 am Church School<br>10:00 am Teen Link<br>11:15 am Worship<br>1:00 pm ND Painting Club<br>1-4pm Missouri Valley Quilters Seminar<br>6:30 pm F.L.Y. | <b>15</b><br>10:00 am Faithfully Fit<br>11am-1pm Parish Nurse Hours<br><br>3:15 pm SAY Yes<br>5:30 Good Neighbor Club Dinner<br>6:15 pm Al-Anon<br>7:00 Young Adult's Group<br>7:30 pm Al-Anon | <b>16</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop<br><br>3:15 pm SAY Yes<br>5:30 pm Trustees<br>7:00 pm Finance | <b>17</b><br>3:45 pm Youth Handbells<br>5:00 pm TGIW Meal<br>5:30 pm Adult Handbells<br>5:30 pm Christian Ed<br>5:45 pm Family Link<br>6:00 pm Eve Circle<br>6:00 pm Confirmation<br>6:30 pm UMYF<br>6:30 pm Rusty Staples<br>7:00 pm Chancel Choir | <b>18</b><br>6:30 am Men's Bible Study<br>9:30 am Esther Circle<br>10:00 am Faithfully Fit<br>1:30 pm Mary-Ruth Circle<br>5:30 pm Worship Planning Team<br>7:00 pm Dominos<br>7:00 pm UM Foundation | <b>19</b><br>7:00 am Men's Breakfast at N. Perkins<br>10:00 am Prayer & Meditation  | <b>20</b><br>10:00 am New Member Orientation<br><br>5:00 pm Worship   |
| <b>21</b><br>8:00 am Worship<br>9:00 am Church School<br>10:00 am Worship<br>10:00 am Church School<br>10:00 am Teen Link<br>11:15 am Worship<br>5:30 pm Confirmation Banquet<br>6:30 pm F.L.Y.                                       | <b>22</b><br>10:00 am Faithfully Fit<br>11am-1pm Parish Nurse Hours<br><br>3:15 pm SAY Yes<br>6:15 pm Al-Anon<br>7:00 pm Young Adult's Group<br>7:30 pm Al-Anon                                | <b>23</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop<br><br>3:15 pm SAY Yes<br>5:30 pm Open Door                   | <b>24</b><br>3:45 pm Youth Handbells<br>5:00 pm TGIW Meal<br>5:30 pm Adult Handbells<br>5:45 pm Family Link<br>6:00 pm Confirmation<br>6:30 pm UMYF<br>7:00 pm Chancel Choir  | <b>25</b><br>6:30 am Men's Bible Study<br>10:00 am Faithfully Fit   | <b>26</b><br>10:00 am Prayer & Meditation   | <b>27</b><br><br><br><br>5:00 pm Worship<br>6:00 pm Worship Band Practice   |
| <b>28 Confirmation Sunday</b><br>8:00 am Worship<br>9:00 am Church School<br>10:00 am Worship<br>10:00 am Church School<br>10:00 am Teen Link<br>11:15 am Worship<br><br>6:30 pm F.L.Y.   | <b>29</b><br>10:00 am Faithfully Fit<br>11am-1pm Parish Nurse Hours<br><br><b>NO SAY Yes</b><br>6:15 pm Al-Anon<br>7:00 pm Young Adult's Group<br>7:30 pm Al-Anon                              | <b>30</b><br>7:00 am Sojourners<br>9:00 am Tuesday Workshop<br><br>3:15 pm SAY Yes  |   |   |   |   |