

April Upcoming Events

Holy Week:

April 13

Palm Sunday

8:00 & 10:00 a.m.

Chancel Choir Cantata

April 17

Maundy Thursday

7:00 p.m. Worship/Drama/

Communion

April 18

Good Friday

11:30 am - 1:00 p.m.

Open Communion

7:00 p.m.

Worship/Communion

April 20

Easter Sunday

6:30 a.m. Sunrise Service

7:30 - 10:15 a.m. Breakfast

8:00, 10:00 & 11:15 Worship

April 27

Confirmation Sunday

10:00 a.m.

Check out:

www.mccabemc.com

for more information about

McCabe and our

Ministry Groups.

New Pastor for McCabe

After careful consideration of the future needs of McCabe, and with significant input from the Staff Parish Relations Committee, Bishop Ough and the Cabinet, Jennifer Hallenbeck was selected as the next Pastor for McCabe.

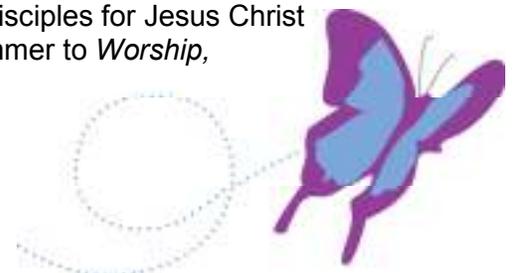
“Jenny” grew up in Sioux Falls, SD, a child of first United Methodist Church, actively involved in their music programs from the time she was very young. In 2000, she graduated from Augustana College in Sioux Falls with a degree in vocal music education and then headed off to seminary at Garrett-Evangelical in Evanston, Ill.

Her first appointment after seminary was as the pastor of two small churches in Alexandria and Ethan, SD, (2003-2006); she went from Alexandria-Ethan to be the Associate Pastor at First UMC in Pierre, SD, (2006-2011); she has been serving as the pastor of Evergreen UMC in Wahpeton since the summer of 2011. Though Jenny is single, she will bring with her to Bismarck a fabulous golden-doodle named Gunnar and a one-eyed cat named Peepers. Jenny is also a vegetarian and she kindly requests that we not hold that against her.

At the Conference level, Jenny serves as the Chair of the Dakotas Board of Ordained Ministry and, for many years, she was the Worship Coordinator for Annual Conference. In that position, she worked several times with McCabe folks in the planning of the Commissioning and Ordination worship services we have hosted.

Though Jenny has not herself ever been part of McCabe, it is a special place for her family: her mother spend much of her childhood in Bismarck where McCabe was their beloved home church. In fact, her mom’s family was present at the groundbreaking for this original building! So, not only is this appointment exciting for Jenny in general, it also holds deep personal meaning for her.

Jenny has expressed her gratefulness for the incredible work we have done and continue to do at McCabe to make disciples for Jesus Christ and she is excited to head west this summer to *Worship, Grow and Serve* with us.



For What It's Worth:

I recently read this quote from Lee Iacocca, businessman and former chairperson of Chrysler Motor: ***In times of great stress or adversity, it's always best to keep busy, to plow your anger and your energy into something positive.***

Or, like Clem Kaddiddlehooper once said, ***"The busier I get, the behinder I fall"***.

I tend to agree with Clem. It's a busy world we live in. Ask a person today, ***"how are you doing?"*** If they don't say ***"I'm busy,"*** we figure something must be wrong with them! So, I fall under the behinder category.

Well, we are all busy and April will be another active month for the folks of McCabe. I hope you keep track of these activities and services:

- Remember to keep Pastor Jenny Hallenbeck in your thoughts and prayers. Pastor Jenny will be McCabe's new pastor beginning the 1st of July. She is a talented young woman and I am confident she will lead McCabe into the bright future ahead.
- Wednesday evening activities will continue. Each Wednesday we begin with a meal followed by a class discussion of Methodism, followed by a worship service.
- McCabe will be responsible for *The Banquet* meal on Thursday, April 10. *The Banquet* is a joint mission with Trinity Lutheran Church. During *The Banquet* volunteers from McCabe will serve between 350-400 meals to the Bismarck/Mandan homeless.
- Holy Week begins with Passion/Palm Sunday on April 13. We will have a Maundy Thursday service on April 17. On Good Friday, we will have open Communion from 11:30 a.m. to 1:00 p.m. We will also have a Good Friday worship service at 7:00 p.m. We will continue with our *"Lenten Lights"* theme from our Wednesday evening services.
- **Easter!** On April 19 & 20 we will celebrate Easter. The following is our schedule:

5:00 p.m.	April 19	Saturday Worship
6:30 a.m.	April 20	Easter Sunrise Service
7:30 - 10:15 a.m.	"	Breakfast
8:00 a.m.	"	Worship Service
10:00 a.m.	"	Worship Service
11:15 a.m.	"	Worship Service
- Confirmation Sunday will be held on the following Sunday, April 27 during the 10:00 a.m. service.

It is my hope and prayer that we find time in our April busyness for Jesus Christ. As we fall behinder, let us not forget to spend time in prayer praising God and thanking Jesus Christ for the gift of salvation. *"He Arose"* is still the best part of the month!

Together with you in Christ,
Pastor Rick

The Banquet

McCabe will have the privilege of serving **The Banquet** at Trinity Lutheran Church Thursday, April 10. This is our 10th time to serve in the 11 year existence of this ministry. We are fortunate to be included.

The Banquet is a weekly meal that is served to the homeless, to the lonely and to anyone who needs it for whatever reason...no questions asked. The meal is planned, food purchased and cooked and served by a different community group each week throughout the year.

We are asked to bring a **maximum of 30 volunteers** to help with this work. You will find sign-up sheets in the Great Hall. Please sign the sheet and include your phone number so that we may call you with a reminder. We cannot do the job with less than 30 so please search your heart and step up to help us. There are three shifts:

1:00 - Cooks to help with the preparation of the meal.

4:15 - Set up crew (8 people) to set tables and ready things.

5:00 - Servers (18 people) to serve food, etc.

We are also looking for people to furnish dessert. We will give you a recipe that we will be making. We need 25 pans.

All volunteers are asked to stay throughout the whole time as all are needed. We finish about 7:30 p.m. with a prayer and evaluation of the night. Please consider signing up to help. If you can't, a monetary donation to help with the cost of food would be most welcome. Questions? Call Linda Suko at: 250.7303.

Being United Methodist: What It Means, Why It Matters

by J. Ellsworth Kalas

Come join this small group on Wednesdays, 6:00 - 7:00 p.m., April 2 & 9, 2014.

Whether you have been a Methodist all your life or are new to the denomination, Kalas uses his approachable style to address Methodism so that it is understandable for all.

Books are free and available from Jan Joersz.

**Make this study a part of your Lenten Wednesdays:
Supper, Study, and Worship!**

Wholly Healthy

Greetings McCabe friends,

Hooray, it's spring!??? Well, we're working on it anyway! Soon, we will be complaining of the heat. I can't wait!

This month I would like to talk to you about the largest organ of our body, yet it is greatly ignored and terribly abused. What I am referring to is our skin. I would like to share a personal story with you. With my husband's permission he would like to share our recent scare with skin cancer. He went in for a skin check with the dermatologist and biopsies were taken. You would have knocked us over with a feather when we were told he had a melanoma. We were greatly blessed, that after an early diagnosis and a wide excision of the area of concern, we were assured the melanoma is gone. God is good! He will continue to have frequent skin checks because of this diagnosis. Of course, after going through this experience, we want others to be aware and avoid what we went through.

With proms, spring beach vacations, and shorts wearing weather coming up, there is the temptation to do the fake baking. Please, please, please ladies and gents; **don't do it!** You are beautiful just the way you are! If you feel you must have the tanned look, use a spray tan or an over-the-counter tanning product instead. Please stay away from the tanning booths and use sunscreen faithfully when outdoors.

I am sharing an article written by Marla Lichtsinn, RN, MPA, FCN, and parish nurse from Wheat Ridge Ministries who has given her permission to reprint her article.

The ABCDE's of Skin Cancers

Skin cancer is the most common form of cancer in the USA - more than 3.5 million skin cancers are diagnosed in over 2 million people annually. Learn to recognize - better yet, to prevent - this increasingly common condition...

What is it? What causes it?

Skin cancer is the abnormal growth of skin cells, most often developing after exposure to UV rays from sunlight or tanning beds, but it can also occur on areas of your skin not ordinarily exposed to sunlight. Skin cancers develop when errors (mutations) occur in the DNA of skin cells, causing the cells to multiply rapidly, creating a mass - or tumor - of abnormal cells. Some cancers are more likely than others to spread to other tissues (lymph nodes, nerves, or organs) - when that happens, we say the cancer has metastasized (spread beyond its original location).

Symptoms...

Skin cancers occur primarily in areas of sun exposure - the

Scalp, face, lips, ears, neck, chest, arms, hands and legs. However, it can also form on areas that rarely see sunlight - the palms of hands, soles of feet, beneath fingernails or toenails, between fingers and toes, even in the genital area. (Skin cancer can affect people of all skin tones, including those with dark complexions.) The most common skin cancers have the following appearances:

- **Basal cell carcinoma** usually occurs in sun-exposed areas such as face or neck, and may appear as a pearly or waxy "bump" or a flat, flesh colored or brown scar-like lesion.
- **Squamous cell carcinoma** is often found on face, ears or hands (people with darker skin are more likely to develop them on areas that aren't sun-exposed, such as legs or feet); these cancers may appear as a firm red nodule or a flat lesion with a scaly, crusted surface.
- **Melanoma** can develop anywhere, in normal skin or in an existing mole that becomes cancerous; it affects people of any skin color, and may appear as a large brownish spot with darker speckles; a mole that changes in color, size, texture or that bleeds; a small lesion with an irregular border and parts that appear red, white, blue or blue-black.

Less common skin cancers include skin cancers include Kaposi's sarcoma, a rare cancer that develops in the skin's blood vessels and causes red or purple patches on skin or mucous membranes, mainly occurs in people with weakened immune systems such as those with organ transplants or AIDS;

Merkel cell carcinoma, a rare but often lethal skin cancer causing firm, shiny nodules on or just beneath the skin or in hair follicles; and sebaceous gland carcinoma, an uncommon, aggressive cancer that begins in the oil glands of the skin, appearing as hard, painless nodules, often on eyelids.

Risk Factors...

Factors that may increase risk of skin cancer include:

- "Fair skin" blond or red hair, light-colored eyes, freckle or sunburn easily
- History of sunburns: one or more blistering sunburns, especially as a child or teenager.
- Excessive sun exposure: especially if the skin isn't protected by sunscreen or clothing
- Sunny or high-altitude climates (more direct sun rays)
- Moles: skin with many moles or abnormal (irregular, large) moles is more likely to become cancerous
- Family history of skin cancer in parents, siblings

- Weak immune system: HIV/IDS, leukemia, persons taking immunosuppressive drugs after organ transplant
- Exposure to radiation: persons who received radiation treatment for skin conditions such as eczema or acne
- Exposure to certain substances (e.g., arsenic)

Prevention...

- Avoid the sun between 10 a.m. and 4 p.m. when the sun's rays are most direct - wear sunscreen daily, all year 'round
- Wear protective clothing of dark, tightly woven fabric, a wide-brimmed hat and UVA/UVB-blocking sunglasses
- Avoid tanning beds
- Read medication labels or ask your pharmacist if your meds make you skin more sensitive to sunlight
- Check your skin regularly and report changes to a doctor: recognizing the "ABCDEs" of skin lesions means earlier diagnosis and treatment before it becomes cancer or spreads...

Asymmetry: one half doesn't match the other half

Border: irregular, "ragged", notched or blurred

Color: various shades of tan, brown, black, red, blue...

Diameter: more or "spot" is more than 1/4 inch (6 mm)

Evolution: change in size, shape, color, symptoms, etc.

Ultraviolet radiation is a proven human carcinogen. 50% of all adults in the US report at least one sunburn in the past 12 months. Over 170,000 cases of skin cancer in the US are associated with indoor tanning each year. Indoor tanners have a 69% greater risk of early onset basal cell carcinoma.

For more information, see your doctor or go to:
www.webmd.com/melanoma-skin-cancer
www.mayoclinic.com/health/skin-cancer
www.skincancer.org/skin-cancer-information

Prevention is the key!

Spring may be questionable, but there is one thing we know for certain. Christ is risen, Christ is risen indeed! Have a blessed Easter.

God bless,

Nurse Jane

P.S. This being Easter Sunday, we will ask Mrs. Lewis to come forward and lay an egg on the altar.

2014 Miracle Offering

In preparation for 2014 United Methodist Dakotas Conference, Bishop Ough has communicated his initiatives to Pastors and Lay Members to Annual Conference in our Dakota's churches. The following will provide you with information, and an invitation to prepare to actively participate in McCabe's preparation for Annual Conference.

This year Annual Conference will be held June 4-7 at Rapid City, SD, with the theme "*Unleashed: Fearless, Spirit-Led Churches*". Rev. Adam Hamiton, renowned author and Pastor of Church of the Resurrection located at Leawood, KS, will serve as conference teacher and will help us explore the practices that lead to "*Fearless, Spirit-Led Churches*".

Bishop Ough is calling for a "**2014 Miracle Offering**" in which our 250 churches in the Dakotas are invited to participate. Our Miracle Offering goal has **two parts**: \$100,000 in cash to launch a new regional congregation in Kenmare, ND located on the eastern edge of the Bakken Oil Rush area; **and**, 5,000 clothing and household items to stock our Watford City Mobil Thrift Store which is operated by lay missionaries Jim & Kathie Konsor. The Mobile Thrift Store, which opened in November of 2013, ministers to those who desperately need assistance in transitioning into an extremely expensive and often inhospitable environment. This ministry is also enabling the Konsor's to build trust and position the United Methodist Church for the launch of a new worshipping congregation in the Watford City area. The top five items in the Thrift Store needs to re-supply are:

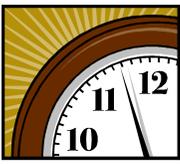


- Coats, including winter coats of all sizes
- Hooded sweatshirts
- Blankets (no comforters)
- Bath Towels
- Heavy or thermal socks

During the month of May McCabe's Missions Ministry team will provide a collection box for your donated items for the Thrift Store. Please bring clean, new or nearly-new items that are packaged or boxed for easy handling.

Please watch for further notices as McCabe continues to prepare for 2014 Annual Conference.

Respectfully submitted,
 Karen Workman
 Bismarck McCabe UMC - Lay Member to Annual Conference



Family Ministry Minute

Dakotas United Methodist Camps

It's been a long, cold winter but summer is around the corner. Now is the time to register for a Methodist camp. **McCabe will pay one-half of the camp fee up to \$100 per camp.** When registering, use code 352141CA to receive the registration credit. Additionally, an early-bird discount is given to campers who register and pay by April 30.

Pick up a camping brochure or visit dakcamps.org to see what is offered for students, families, adults, and those with special needs. There is something for everyone to enjoy in the company of other United Methodists sharing their love for God.

Contact Tina Mitchell with questions.

Family Link Scriptures for April

Tuesday, April 1
Mark 11:20-25

Wednesday, April 2
1 Corinthians 1:18-25

Thursday, April 3
Psalm 23:1-6

Friday, April 4
John 11:28-44

Saturday, April 5
Psalm 119:97-105

Sunday, April 6
1 Timothy 6:13-16

Monday, April 7
1 John 3:11-18

Tuesday, April 8
Luke 18:18-33

Wednesday, April 9
1 Corinthians 11:23-26

Thursday, April 10
John 11:21-27

Friday, April 11
Psalm 119:89-94

Saturday, April 12
Joshua 1:1-9

Sunday, April 13
Luke 19:35-40

Monday, April 14
2 Corinthians 12:5-10

Tuesday, April 15
Luke 12:27-31

Wednesday, April 16
Matthew 26:36-46

Thursday, April 17
John 13:1-17

Friday, April 18
Mark 15:16-37

Saturday, April 19
Luke 24:1-8

Sunday, April 20
John 20:1-18

Monday, April 21
Mark 16:1-8

Tuesday, April 22
Psalm 46:1-11

Wednesday, April 23
1 John 1:5-10

Thursday, April 24
Proverbs 3:21-26

Friday, April 25
Acts 2:1-4, 14-21

Saturday, April 26
Colossians 2:9-15

Sunday, April 27
Philippians 3:12-16

Monday, April 28
John 10:1-5

Tuesday, April 29
Luke 12:13-21

Wednesday, April 30
Colossians 3:15-17





Children's Ministry Matters

Heifer International Mission Fair RESULTS

Thank you McCabe Sunday school teachers, students, and members for your hard work and support for the Heifer International market last month. Students sold hand-crafted items from magnets to bracelets to chip clips, and some incredible foods from cookies to cake pops to bacon-wrapped sausage to raise money for their animal goals. Some of the students even dressed as heifers! As a church, the market fair raised \$1,785.75. Each class met or exceeded their goal and we were able to purchase 16 flocks of chicks, 6 flocks of ducks, 7 trios of rabbits, 1 hive of bees, 1 goat, 1 pig, 1 llama, and 1 heifer. Great job! Thank you Kory Hagler, Rachel Merriman, Rachel Otterness, Tania Schroeder, and Amy Sorge for your help during the market.



Grab a hammer, find a paintbrush, and put on your creative thinking cap!
At Workshop of Wonders VBS, kids will imagine and build with God!

Join the fun! Contact Tina at tmitchell@mccabeumc.com or 255.1160 to find out how you can serve.
(ages 6th grade and up)



June 1—4, 2014

What's Happening?

April 6—All Classes—Mission Service Project: *Prayers on Pillows* (Sanford Children's Hospital)

April 13—Palm Sunday—Puppet Show: *Easter Morning* *longer 9:00am class time

April 20—Easter Sunday—No Classes

April 27—Confirmation Sunday

PreK—K students will be learning about Jesus' last days.

1st—5th grade students will be learning about Jesus' crucifixion and resurrection.

Thoughts

from Justin Balzer

As we move towards Spring (well kind of, it is snowing as I write this) I have been thinking quite a bit about Easter and why its significant that Easter does occur in Spring. Spring is really about a new birth in many ways. The trees and plants come alive again after the snow has melted and the Earth has new life spring forth.

In many ways we are just like the plants and the trees before Spring, we are missing the salvation that we need like they are missing the Sun and warm weather. A new birth completely changes the world and a new birth can completely change us. As Jesus tells us in John 3:3 "I assure you, unless you are born again, you can never see the Kingdom of God." It is important to remember that unless the snow melts, the plants cannot start again and unless we accept Jesus Christ, we cannot start again.

In 2 Corinthians 5:17 "What this means is that those who become Christians become new persons. They are not the same anymore, for the old life is gone. A new life has begun!" Take a lesson from nature and grow into that new life that is out there for all of us. Christ wants us to start anew in his glory and grace, all we have to do is be willing to start that new life and leave the old life behind. To truly be a Christian, you have to be willing to change because God loved us enough to change to human form and take our sins upon His shoulders. We owe it to God to change from our ways to something better.

As we move forward towards Easter, it is especially important to remember this message of salvation, because of what Christ did for us; he lived a pure life but was willing to pay for everything that we have done. We need to change and encourage others to change with us so that we can reflect Christ to the world. I encourage everyone to come to the Easter Sunrise Service this year, it will be at 6:30 am and there will be a breakfast afterwards in the Fellowship Hall. The youth are always looking for more volunteers who would like to help especially with the Easter Sunrise Service and breakfast, if you would like to help or have any suggestions, please feel free to contact me at justinbalzer@yahoo.com.

Numbers 6:24-26

God Bless,
Justin Balzer, Youth Director

Check out www.mccabemc.com
for more information about McCabe
and our Ministry Groups.



The UMW held it's second Unit meeting of 2014 on March 6. I really want to thank Esther Circle for a delicious lunch that all enjoyed. I want all of you great ladies of McCabe to know you are welcome to all Unit meetings.

Watch the bulletins for dates and times. Though the subject we had as our program wasn't pleasant, it is one we all need to hear more about. Carol Guymer gave an excellent program on "Human Trafficking". It's here in North Dakota and we should all care.

We also honored two ladies with Special Recognition pins. Jewel of a Woman pin was awarded to Bonnie Elefson and Special Recognition pin to Faye Hasche. The faith and loyalty both lades show to McCabe is unending.

A Reminder that UMW Spring Banquet is being planned for May 12, 6:00 p.m. at the Municipal Country Club. Tickets are \$10/adult, \$6/child (under 12 years of age). More information to come.

On April 17, all Circles plan to tour the Children's Speech Help Center, located at 1009 Basin Ave., Bismarck. We will meet at McCabe at 9:00 a.m. to carpool to the Masonic Center. Following a tour, we will break into Circle groups for short meetings. There will be a lunch to follow. All are welcome. If you are planning to attend, call Bonnie at 258.1196 or June at 250.9320.

Thank you,
GerryAnn Small

Valentine Dinner Theater a Success

The Chancel Choir is happy to report that the following mission projects have been aided by the proceeds from the Valentine Dinner Theater:

Heifer Project	\$ 60.00
Rev. Olson & Family	200.00
Alexandra Cleary & Sara Bolme	
Haiti Mission Trip	200.00
The Banquet	250.00
Haiti Solar Oven Partners	125.00
SAY "Yes"	50.00
Ellie Steckler's Project	200.00
Youth Ski Trip	100.00
(Plus \$250.00 from individual choir members.)	
McCabe Debt Reduction	200.00
Thank-You Gifts	100.00

Thanks to all of those who attended and helped out.

Seventh Annual Earth Day Festival

Thursday, April 24, 2014

6th grades, 9 a.m. – 2:30 p.m.,

free to the public, 3:30 – 7:30 p.m.

This year's Earth Day Festival will be held at McCabe UMC. Earth Day is a time to celebrate gains we have made and create new visions to accelerate environmental progress. The Festival includes activities for all ages: door prizes, educational booths, free reusable tote bags and trees, informational brochures, family scavenger hunt, helpful hints to homeowners, energy, soil, and water conservation, EnviroScape, tattoos, balloon critters, art contest, Smokey Bear, face painting, soil bracelets, and tote painting.

In the morning, sixth grade students will be coming to participate in various activities. They are looking for servants to be class buddies who will pair up with one teacher/class and lead them to their activities, 8:30-11:30 a.m. and/or 12-2:30p.m. All servants will get an Earth Day t-shirt and lunch. Face painters, greeters, and counters are needed for the evening, 3:30 – 7:30 p.m.

This is a great opportunity for McCabe to shine in our 'Hospitality'. Please join in the fun and consider serving our community by helping the sixth grade classes and/or the public. Contact Emily at 328-5166 or Jan Joersz (jjjoersz@mccabeumc.com) for more information or to serve. We are looking forward to a fun filled day with lots of people coming through our doors!

Rebuilding Together

Saturday, May 3

Rebuilding Together Bismarck/Mandan, is a nonprofit, community based organization, that has become one of the leading volunteer organizations in the Capital City. The organization is dedicated to helping low-income homeowners especially the elderly, people with disabilities, and families with children, live in warmth, safety and independence. The program embraces people of all faiths, all walks of life, all racial and ethnic groups, all ages and all sexes. It is not affiliated with any particular church or religion.

Rebuilding Together works in partnership with local corporations; foundations and civic, educational, religious, and community organizations to "rebuild" houses and communities. All of the work is performed by servant laborers, utilizing donated materials and resources, at no cost to the homeowner with the work being done on a one-day blitz. This year's project is scheduled for Saturday, May 3. If you would like more information or are interested in helping, please contact Lisa at 221.3232.

Do you receive the monthly newsletter **Parenting Christian Kids** (formerly *Parent Link*)? If not, send your email address to Tina at tmitchell@mccabeumc.com to start receiving this excellent resource.

In Our Thoughts & Prayers:

Sheryl & Bruce Skiba and family on the death of Sheryl's mother, Nola Nelson, Bismarck, ND, March 4, 2014.

Paula Mann & Robert & Leilani Shannon and family on the death of Paula's & Robert's mother, Elaine Shannon, Bismarck, ND, March 7, 2014.

Jerry & Linda Suko and family on the death of Jerry's mother, Helen Suko, Jamestown, ND, March 11, 2014.

The family & friends of JoAnn Cooper, Bismarck, ND, March 17, 2014.

Larry & Shirley Kemnitz & family on the death of Larry's mother, Delphia Kemnitz, Bismarck, ND, March 18, 2014.

Congratulations to:



Loren & Sue Japel, proud grandparents of their newborn granddaughter, Gianna Belle Japel, daughter of Jeff & Kristina Japel of Bismarck, ND, February 23, 2014.



Thank you Steve & Kari Lundberg for your help with the Sunday school puppet shows.
-Tina Mitchell

Meal on Wheels: Thank you to all McCabe servants who have signed up to help deliver well-balanced hot meals to the homes of those who find it difficult or impossible to cook for themselves. Your smiles and meals will make the day for several persons who have little contact with others outside their homes. Your service to our community is greatly appreciated!

-Jan Joersz, McCabe Servant Coordinator



Humble Service in the Body of Christ Romans 12:3-5 (NIV)

“For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others.”

THANK YOU:

- To all the ushers and greeters who have faithfully signed up and taken their turns the last few months.
- To those who help out behind the scenes like the data input and office support teams.
- To the faithful Meals on Wheels servants.

More help is always desired so that the burden is lightened for all!

Needs:

- Office Support (membership data entry, bulletin preparation, special mailing preparation, etc.)
- Attendance Data Entry (weekly attendance inputting)
- Coffee Hour Servers (keeping the coffee hot and donut pick up)
- Bag Ministry (prepare and/or delivery to guests)

Jan Joersz

McCabe Servant Coordinator

NOTICE:

Any items for the newsletter need to be turned
into the church office no later than
Monday April 14, 2014.

McCabe UMC

1030 N. 6th St.
Bismarck, ND 58501
(701) 255.1160

Pastor:

Rick Fossum

Office Hours:

Monday – Friday
8:30 a.m. – 4:30 p.m.

Worship

Saturdays:

5:00 p.m.

Sundays: (Sept.-May)

8:00, 10:00, & 11:15 a.m.

Sundays: (June-Aug.)

8:00, 9:30, & 11:00 a.m.

Church School

Sundays 9:00 & 10:00 a.m.
(Sept.-May)

Fax

(701) 223.1324

E-mail

mccabeumc
@mccabeumc.com

Website

www.mccabeumc.com

Facebook

http://www.facebook.com/
pages/McCabe-
Church/330953958825

McCabe United Methodist Church
1030 North Sixth Street
Bismarck, ND 58501



Postmaster: Change Service Requested

Non-Profit Org.
U.S. Postage
PAID
Bismarck, ND 58501
Permit No. 232

April 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7:00 am Sojourners 9:00 am Tuesday Workshop 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm LOF Dance	2 9:30 am Tops Group 2:45 pm After School Place 3:45 pm Youth Bells 5:00 pm Lenten Meal 5:30 pm Adult Bells 6:00 pm Lenten Study 6:00 pm Moms Connect 6:00 pm Rusty Staples 6:00 pm UMYF 6:00 pm Confirmation 7:00 pm Worship 7:30 pm Chancel Choir	3 7:00 am - 5:00 pm WDA Music Festival 7:00 pm Adult Dominos	4 7:00 am Men's Breakfast at N. Perkins 10:00 am Prayer & Meditation 2:45 pm After School Place 5:30 pm LOF Dance	5 11 am - 2pm LOF Dance 5:00 pm Worship
6 8:00 am Worship 9:00 am Church School 10:00 am Worship 10:00 am Church School 11:15 am Worship 1:00 pm ND Paint Club 6:30 pm F.L.Y. 7:30 pm Basketball	7 10:00 am Faithfully Fit 11am-1pm Parish Nurse Hours 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm LOF Dance 7:30 pm Al-Anon	8 7:00 am Sojourners 9:00 am Tuesday Workshop 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm Annual Conference Planning Team 5:30 pm LOF Dance	9 10:00 am UMW Executive Meeting 12:00 pm Memorials Committee 2:45 pm After School Place 5:00 pm Lenten Meal 6:00 pm Lenten Study 6:00 pm UMYF 6:15 pm Confirmation Banquet 7:00 pm Worship 7:30 pm Chancel Choir	10 6:30 am Men's Bible Study 9:30 am Tops Group 9:30 am Mom's Club 10:00 am Faithfully Fit 10:00 am Precepts Bible Study (last class) 2:45 pm After School Place 5:30 pm LOF Dance 5:30 pm Tops Group 6:00 pm Contemporary Band Practice	11 10:00 am Prayer & Meditation 2:45 pm After School Place 5:30 pm LOF Dance	12 10am - 12pm Cantata Practice 1 - 4pm Rock-n-Roll Easter Family Event 5:00 pm Worship
13 Palm Sunday 8:00 am Worship/Cantata 9:00 am Church School 10:00 am Worship/Cantata 10:00 am Church School 11:15 am Worship 6:00 pm Maundy Thursday Rehearsal 6:30 p.m. F.L.Y. 7:30 pm Basketball	14 10:00 am Faithfully Fit 11am-1pm Parish Nurse Hours 2:45 pm After School Place 3:15 pm SAY Yes 7:30 pm Al-Anon	15 7:00 am Sojourners 9:00 am Tuesday Workshop 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm Trustees	16 2:45 pm After School Place 5:30 pm Children's Ministry Team 6:00 pm Rehearsal for Maundy Thursday 6:00 pm Rusty Staples 6:00 pm Moms Connect 6:00 pm Confirmation 6:30 pm UMYF 7:00 pm Chancel Choir	17 Maundy Thursday 6:30 am Men's Bible Study 9:00 am Circles meet in McCabe parking lot 9:30 am Tops Group 10:00 am Faithfully Fit 2:45 pm After School Place 5:30 pm Tops Group 6:00 pm Contemporary Band Practice 7:00 pm Worship	18 Good Friday 7:00 am Men's Breakfast at N. Perkins 10:00 am Prayer & Meditation 11:30 am - 1:00 pm Open Communion 7:00 pm Worship	19 5:00 pm Worship 6:00 pm Potluck meal with Knechts
20 Easter 6:30 am Sunrise Worship 7:30 - 10:15 am Breakfast 8:00 am Worship NO Church School 10:00 am Worship 11:15 am Worship	21 OFFICE CLOSED 7:30 pm Al-Anon	22 7:00 am Sojourners 9:00 am Tuesday Workshop 9:30 am Mom's Club 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm LOF Dance 5:30 pm Open Door Board Mtg.	23 9:30 am Tops Group 2:45 pm After School Place 3:45 pm Youth Bells 5:00 pm TGIW Meal 5:30 pm Adult Bells 6:30 pm UMYF 7:00 pm Chancel Choir	24 10:00 am Faithfully Fit 2:45 pm After School Place 7:00 pm UM Foundation	25 10:00 am Prayer & Meditation 2:45 pm After School Place 5:30 pm LOF Dance	26 11 am - 2pm LOF Dance 5:00 pm Worship/Communion
27 Communion/Confirmation Sunday 8:00 am Worship 9:00 Blood Pressure Screening 9:00 am Church School 10:00 am Worship 10:00 am Church School 11:15 am Worship 6:30 p.m. F.L.Y. 7:30 pm Basketball	28 10:00 am Faithfully Fit 11am-1pm Parish Nurse Hours 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm LOF Dance 7:30 pm Al-Anon	29 7:00 am Sojourners 9:00 am Tuesday Workshop 2:45 pm After School Place 3:15 pm SAY Yes 5:30 pm LOF Dance UMW School of Ministry 10am - 9pm	30 2:45 pm After School Place 3:45 pm Youth Bells 5:00 pm TGIW Meal 5:30 pm Adult Bells 6:30 pm UMYF 7:00 pm Chancel Choir 